



Affiliated Parent and Youth Support Groups

For more information, contact the Group Leader(s) directly.

Days, times and locations are subject to change, please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)

45 Bromfield Street, 10th Floor

Boston, MA 02108

617-542-7860

dfauntleroy@ppal.net

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent support groups in English and Spanish Speaking	Bay Cove Human Services 66 Canal Street	Thursdays; 12pm- 1:30pm Fridays, 12pm – 1:00pm Fridays; 10 -11am	Margaret Nixon Yalile Maldonado	mnixon@baycove.org 617-371-3125 Yalile Maldonado 617-371-3052	
Canton	Weekly support group	Canton Public Library Art & Activity Room 786 Washington Street	Mondays; 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Canton	<i>“Write it Down”</i> Weekly writing group	Donovan Building Mass Hospital School Conference Room 5 Randolph Street	Tuesdays; 10:00 – 11:30am	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Dorchester	Parent support	Early Intervention 105 Victory Road	Second Wednesday; 6:00 – 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	
Dorchester	Transitional age youth parent support	Early Intervention 105 Victory Road	Fourth Wednesday; 6:00 – 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	
Jamaica Plain	Parent Support Spanish Speaking	River of Life 440 Centre Street	First & Third Thursdays 6:00pm – 7:30pm	Yalile Maldonado	617-371-3052	
Quincy	Support group for parents of children up to age 16	South Shore Mental Health (SSMH) 460 Quincy Ave 3 rd Floor	Every other Wednesday; 4:00 – 5:00pm	Susan Page-Thompson	sptbarbie@aol.com 617-689-2528	Light refreshments Free child care
Quincy	TRACS group for parents of young adults	SSMH 460 Quincy Ave 3 rd Floor	Every other Tuesday; 5:30 – 6:45pm	Michelle Butman	mbutman@ssmh.org 617-689-2573	
Quincy	The Nurturing Fathers Program	First Presbyterian Church 270 Franklin Street	Tuesdays; 6:00 – 8:30pm	Carlos Amado	carlos.amado@state.ma.us 781-682-0898	Registration required

Somerville	Parent support Spanish Speaking	The Guidance Center 61 Medford Street	First Thursday; 6:00pm - 7:30pm	Yalile Maldonado	617-371-3052	
Weymouth	Weekly group	Tufts Library Canoe Room 46 Broad Street	Fridays; 10:00am – 12noon	Betty Wagner	ewagner@mspcc.org 617-983-5803	

Southeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information
Brockton	Parent support	BAMSI 44 Belmont Street	1 st and 3 rd Wednesdays: 9:30 – 11:30am	Traci Lynch	brocktonpin@bamsi.org 508-947-8779 ext. 17
Brockton	Parent support	BAMSI 44 Belmont Street	2 nd and 4 th Wednesdays: 6:30 -8:30pm	Traci Lynch	brocktonpin@bamsi.org 508-947-8779 ext. 17
Cape Area	Parents of transition age youth	Stop & Shop Conference Room 65 Independence Drive	First Wednesday; 6:00 – 8:00pm	Tresa Salters	ptaypin@bamsi.org 508-947-8779 ext. 22
Fall River	Parent support	United Neighbors of Fall River 209 Bedford Street	1 st and 3 rd Thursday; 6:00 – 8:00pm	Kathleen Bourgeois	fallriverpin@bamsi.org 508-947-8779 ext. 15
Falmouth	Parent support	Falmouth Library 300 Main Street	First Tuesday; 6:15 – 8:15pm	Jean Cole	capepin@bamsi.org 508-947-8779 ext. 29
Greater New Bedford	Parent support	Children's Connection 899 Pleasant Street	2 nd and 4 th Thursday; 6:00 – 8:00pm	Angela Days	newbedfordpin@bamsi.org 508-947-8779 ext. 14
Greater New Bedford	Parent support	DMH 88 Purchase Street	First Wednesday; 10:00am – 12noon	Angela Days	newbedfordpin@bamsi.org 508-947-8779 ext. 14
Hyannis	Parent support	Cape Cod Hospital Cummiquid Conference Room* 27 Park Street	Third Wednesday; 6:00 -8:00pm *Next to cafeteria	Jean Cole	capepin@bamsi.org 508-947-8779 ext. 29
Middleboro	Parents of transition age youth	Parent Information Network 47 East Grove Street	Third Thursday; 6:30 – 8:30pm	Tresa Salters	ptaypin@bamsi.org 508-947-8779 ext. 22

Plymouth	Parent support	Bay State Community Services 385 Court Street	2 nd and 4 th Tuesday; 6:00 – 8:00pm	Heather Hogan	plymouthpin@bamsi.org 508-947-8779 ext. 16
Taunton/Attleboro	Parent support	CCBC 1 Washington Street	2 nd and 4 th Thursday; 6:00 – 8:00pm	Kathleen Bourgeois	fallriverpin@bamsi.org 508-947-8779 ext. 15

Northeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Beverly	Parent Support	North Shore Educational Consortium Family Center, 3 rd Floor 112 Sohier Road	Fourth Tuesday; 9:30 – 11:00am	Krissie Burnham	KrissieBurnham@aol.com 978-283-0296 ext. 732	
Haverhill	Family support	Health Education Services 60 Merrimack Street	1 st and 3 rd Friday; 10:00am – 12noon	Barbara Peters	bpeters1121@yahoo.com 978-373-1126 ext. 5310	
Lawrence	Parent support	MSPCC 439 Union Street	2 nd and 3 rd Wednesday; 11:00am – 1pm	Damaris Santiago	dsantiago@mspcc.org 978-681-9581	Light refreshments served
Lowell	Parent support	MSPCC 126 Phoenix Ave, 3 rd Floor	2 nd and 4 th Tuesday; 6:00 – 7:45pm	Nancy Collier	nacollier@comcast.net 978-513-2379 <i>*Please call if you need childcare</i>	Food is provided; child care sometimes*
Lowell	Parents of transition age youth	Solomon Mental Health Center 391 Varnum Ave	First Tuesday; 6:00 -7:45pm	Nancy Collier	nacollier@comcast.net 978-513-2379	Food is provided
Lynn	Parent support	Lynn YMCA	Every Friday; 6:00 – 7:30pm	Dalene Basden	ptahsw@verizon.net 781-599-9288	Please call first
Medford	Parent Support	Willis Community Center Willis Avenue	Second Friday 9:30am – 11:00am	Irene Olson	olsonpal@aol.com 978-766-2088	
Salem	Parent support	Salem YMCA	Second Friday;	Krissie Burnham	KrissieBurnham@aol.com	Supper,

		One Sewall Street	6:00 – 8:30pm		978-283-0296 ext. 732	swimming, and child care provided
Wakefield	Parent support	Horizon House 78 Water Street	1 st and 3 rd Tuesday; 6:30 – 8:30pm	Irene Olson	olsonpal@aol.com 978-766-2088	Walk-ins welcome!

Metro Suburban Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Framingham	Parent support	Wayside Youth & Family Support Network 88 Lincoln Street	Second Monday; 7:00 – 8:30pm Fourth Monday; 10:00 – 11:30am	John Allen	John_allen@waysideyouth.org 508-620-0010 ext. 189	
Framingham	Transition Age Education Group	Wayside Youth & Family Support Network 88 Lincoln Street	Third Wednesday; 7:00 – 8:30pm	John Allen	John_allen@waysideyouth.org 508-620-0010 ext. 189	rsvp requested
Marlboro	Young adult support group	Employment Options, Inc. 82 Brigham Street	Every Friday; 11:30am – 12:30pm	April Middleton	amiddleton@employmentoptions.org 508-485-5051 ext. 244	
Waltham	Parents of ALL age youth	Wayside Youth & Family Support Network 118 Central Street	Temporarily suspended			

Central Area

Town	Group	Location	Days and Times	Group Leader	Contact Information
Fitchburg	Parent Support	Youth & Family Center 356B Broad Street	1 st and 3 rd Monday; 10:00 – 11:30am	Beth Pond	bpond@ppal.net 508-767-9725
Greenfield	Parent Support	The Support Network of Families of Western Massachusetts 90 Federal Street	First Wednesday or Third Tuesday; 6:30 – 8:30pm	Gretchen Edmond	gmond@wmtcinfor.org 413-774-1000 ext. 2080
Milford	Parent Support	Milford Public Library 80 Spruce Street	1 st and 3 rd Fridays; 10:30am – 12noon	Mary Lambert	mlambert@ppal.net 508-767-9725
Millbury	Parent Support	Millbury Public Library 128 Elm Street	2 nd and 4 th Fridays; 10:30am – 12noon	Meri Viano	mviano@ppal.net 508-767-9725
Springfield	Parent support	Scan360 11 Wilbraham Road Next to Mason Square Neighborhood Health	Third Friday; 12:15 – 1:30pm	Jan Lamberg	ilamberg@wmtcinfo.org 413-536-2401 ext. 3002

Worcester	Parent support	Parent Professional Advocacy League 51 Union Street Suite 308	2 nd and 4 th Thursday; 5:30 – 7:30pm	Joanne Carey	Joannecarey1@yahoo.com 508-767-9725
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Western Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Amherst	Parent support	Boltwood Walk Room 101	Second Monday; 6:30 – 8:30pm	Margery Jess-Reid	Mjess-reid@wmtcinfo.org	
Athol	Parent support	Ellen Bigelow School Lower Level Meeting Room	Every other Wednesday; 6:00 – 8:00pm	Margery Jess-Reid	Mjess-reid@wmtcinfo.org	Child care provided
Gardner	Family support	You Inc. Family Support Center 205 School Street	Every Thursday; 10:00 – 11:30am 6:30 – 8:00pm	Ann Berube	berubea@youinc.org 978-630-2321 ext. 38	
Holyoke	Lunchtime support groups in English and Spanish	187 High Street 3 rd Floor Room 305	English speaking: Second Thursday; 12:15 – 1:30pm Spanish speaking: Third Wednesday; 12:15 – 1:30pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	
Pittsfield	Parents Helping Parents		Wednesdays; 6:00 – 8:00pm		1-800-632-8188, press 2	Strictly confidential
Westfield	Lunchtime support group	Carson Center Conference Room 77 Mill Street	Second Monday; 12:15 – 1:30pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	