

Get to Know Youth MOVE Massachusetts



We Are:

- ⇒ Youth & Young Adults: ages 13+
- ⇒ Advocates and Change Agents!
- ⇒ Youth Guided & Youth Driven
- ⇒ A Supportive, Nonjudgmental Network of Peer Support!

We Can Offer You:

- ⇒ **FREE** Youth and Young Adult Groups
- ⇒ Trainings & Leadership Opportunities
- ⇒ Advocacy and Support
- ⇒ Help with:
 - Applications, such as:
Food Stamps; Insurance
 - School needs, such as:
bullying, rights in school, IEPs
 - Finding resources!
 - Finding mental health support!



We're About:

Youth Guided, Youth Driven!

Youth Guided and Youth Driven means that young people have the right to be **empowered and educated!** Youth have a **say** in how their program works, and are given a **decision making role** in their own lives and communities!

Basically...

**YOU have a voice,
and we listen!**



Call or Message Us!
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