



Affiliated Parent and Youth Support Groups

For more information, contact the Group Leader(s) directly.

The days, times and locations are subject to change; please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)

45 Bromfield Street, 10th Floor

Boston, MA 02108

617-542-7860

Please email additions and or corrections to: dfauntleroy@ppal.net

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	
Boston	Parent support groups in English and Spanish	Bay Cove Human Services 66 Canal Street Boston, MA	Thursdays 12pm- 1:30pm; Spanish speaking Fridays: 10 -11am	Margaret Nixon Yelilie Maldonado	mnixon@baycove.org 617-371-3125 Yelilie Maldonado 617-371-3052	
Canton	Weekly support group	Canton Public Library Art & Activity Room 786 Washington Street	Mondays 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Canton	<i>“Write it Down”</i> Weekly writing group	Donovan Building Mass Hospital School Conference Room 5 Randolph Street	Tuesdays 10:00 – 11:30am	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Dorchester	Parent support	Early Intervention 105 Victory Road	Second Wednesday 6:00 – 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	
Dorchester	Transitional Age Youth Parent Support	Early Intervention 105 Victory Road	Fourth Wednesday 6:00 – 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	
Quincy	Support group for Parents of Children up to age 21	South Shore Mental Health (SSMH) 460 Quincy Ave 3 rd Floor	Every other Thursday 5:30 – 6:45 pm & 10:30 - Noon	Maria Klisaris	mklisaris@ssmh.org 617-689-2573	
Quincy	TRACS group for parents of young adults	SSMH 460 Quincy Ave 3 rd Floor	Every other Tuesday 5:30 – 6:45pm	Adam Rogers	arogers@shmh.org	
Quincy	The Nurturing Fathers Program	First Presbyterian Church 270 Franklin Street	Tuesdays 6:00 – 8 pm	Carlos Amado	carlos.amado@state.ma.us	
Weymouth	Weekly group	Tufts Library Jones Room 46 Broad Street	Fridays 10:00am – 12noon	Betty Wagner	bwagner@mspcc.org 617-983-5803	

Southeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Brockton	Parent support	BAMSI 440 Belmont Street	1 st and 3 rd Wednesdays 9:30 – 11:30am	Traci Lynch	brocktonpin@bamsi.org 508-947-8779 ext. 217	
Brockton	Parent support	BAMSI 440 Belmont Street	2 nd & 4 th Wednesdays 6:30 pm -8:00 pm	Traci Lynch	brocktonpin@bamsi.org 508-947-8779 ext. 217	
Fall River	Parent support	United Neighbors of Fall River 209 Bedford Street	1 st and 3 rd Thursday 6:00 pm – 8:00 pm	Kathleen Bourgeois	fallriverpin@bamsi.org 508-947-8779 ext. 215	
Falmouth	Parent support	Falmouth Library Basement – Trustees Rm 300 Main Street	First Tuesday 6:00 pm– 8:00 pm	Jean Cole	capepin@bamsi.org 508-947-8779 ext. 229	
Greater New Bedford	Parent support	Children’s Connection 899 Pleasant Street	4 th Thursday: 6:00 pm – 8:00 pm	Kathleen Bourgeois	newbedfordpin@bamsi.org 508-947-8779 ext. 215	
Greater New Bedford	Parent support	DMH 800 Purchase Street	1st Wednesday 10:00 am – 12 noon	Kathleen Bourgeois	newbedfordpin@bamsi.org 508-947-8779 ext. 215	
Middleboro	Parents of Transitional Age Youth	Parent Information Network 47 East Grove Street	3rd Wednesday: 6:30 pm – 8:30 pm	Tresa Salters	ptaypin@bamsi.org 508-947-8779 ext. 222	
Middleboro	Dad’s Group	Parent Information Network 47 East Grove Street	1 st Saturday 5:00 pm-7:00 pm	Joe Leandre	ptaypin@bamsi.org 508-947-8779 ext 221	
Orleans	Cape Cod Coffee Group	Hearth & Kettle Orleans	1 st Tuesday 10-11:30 am	Jean Cole	capepin@bamsi.org 508-947-8779 ext. 229	

Taunton/Attleboro	Parent support	CCBC 1 Washington Street	2 nd and 4 th Thursday 6:00 – 8:00 pm		fallriverpin@bamsi.org 508-947-8779 ext. 215	
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Northeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Beverly	Parent Support	N. S. Ed Consortium Family Center 112 Sohier Road, 3rd Floor	4th Tuesday 9:30 – 11:00 am	Krissie Burnham	KrissieBurnham@me.us 978-283-0296	Walk-ins Welcome
Haverhill	Family support	Haverhill Stadium Riverside Park 114 Lincoln Ave	Every Tuesday 10:00 am – 11 am	Barbara Peters	bpeters@mspcc.org 978-373-1126 ext. 5310	Meet At Playground
Haverhill	Family Support	NBH (formerly HES) 60 Merrimack St.	1 st & 3 rd Fridays 10 am – 11 am	Barbara Peters	bpeters@mspcc.org 978-373-1126 ext. 5310	Call to Schedule Intake
Haverhill	Family Support	First Presbyterian Church 346 Broadway	1 st & 3 rd Tuesdays 6 – 8 pm	Barbara Peters	bpeters@mspcc.org 978-373-1126 ext. 5310	1 st =Sharing 3 rd =Workshop Call for Intake
Lawrence	Parent support	MSPCC 439 Union Street	2 nd and 4 th Mondays 11:00 am – 1 pm	Damaris Santiago	dsantiago@mspcc.org 978-681-9581	Light refreshments served
Lowell	Parent support	Call for Location	2 nd and 4 th Tuesdays 6:00 – 7:45 pm	Nancy Collier	ncollier@mspcc.org 978-935-5811	Food is Provided Limited Child Care
Lowell	Parent Support	Call for Location	1 st & 3 rd Tuesdays 10 – 11:30 am	Nancy Collier	ncollier@mspcc.org 978-935-5811	
Lowell	Parents of Transition Age Youth	Call for Location	1 st Tuesday 6 – 7:45 pm	Nancy Collier	ncollier@mspcc.org 978-935-5811	Food is Provided

Lynn	Parent Support	Lynn YMCA 20 Neptune Blvd.	Every Friday 6:00 – 8 pm	Dalene Basden	ptahsw@verizon.net 781-775-0708	Call to Schedule Intake
Salem	Parent Support	Salem YMCA One Sewall Street	2 nd Friday 6:00 – 8:30 pm	Krissie Burnham	KrissieBurnham@me.us 978-283-0296	Supper, Swimming & Child Care
Wakefield	Parent Support	Horizon House 78 Water Street	1 st and 3 rd Tuesdays 6:30 – 8:30 pm	Irene Olson	olsonpal@aol.com	

Metro Suburban Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support Network 88 Lincoln Street	2 nd & 4th Monday 7:00 – 8:30 pm 2 nd & 4th Monday; 10:00 – 11:30 am	John Allen	john_allen@waysideyouth.org 508-620-0010 ext. 189	
Framingham	Sibling Club 5 to 12yo (siblings of MH Child)	Wayside Youth & Family Support 88 Lincoln Street	Goes in Cycles 1 st & 3 rd Monday 6:00 – 7:30 pm	John Allen	john_allen@waysideyouth.org 508-620-0010 ext. 189	
Marlboro	Young Adult Support Group	Employment Options Inc. 82 Brigham Street	Every Friday 11:30 – 12:30 pm	Mark Dawley	mdawley@employmentoptions.org 508-485-5051 ext. 243	
Waltham	Parent Support	Wayside Youth & Family Support 118 Central St.	1 st & 3 rd Thursday 7:00 – 9 pm	Judi Maguire	Judi_maguire@waysideyouth.org	

Central Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Gardner	Family support	You Inc. Family Support Center 205 School Street	Every Thursday 10 - 11:30 am 6:30 - 8:00 pm	Anne Berube	berubea@youinc.org 978-630-4918 ext. 38	
Springfield	Parent support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	3 rd Friday 12:15 - 1:30 pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002	
Worcester	Parent Support	Parent Professional Advocacy League (PPAL) 51 Union St., Suite 308	2 nd and 4 th Thursdays 5:30 - 7:30 pm	Joanne Carey & Mary Lambert	ioannecarey1@yahoo.com 508-767-9725 mlambert@ppal.net	

Western Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Amherst	Parent Support	Bangs Community Center Boltwood Walk	2nd Monday 6:30 - 8:30 pm	Margery Jess-Reid	mjess-reid@wmtcinfo.org	
Athol	Parent Support	Valuing Our Children Family Center Walnut Street	3 rd Thursday 6:00 – 8:00 pm	Margery Jess-Reid	Mjess-reid@wmtcinfo.org 413-536-2401, ext. 3005	
Greenfield	Parent support	The Support Network of Families of Western Massachusetts 90 Federal Street	2nd Tuesday; 6:30 - 8:30 pm	Gretchen Edmond	gedmond@wmtcinfo.org 413-536-2401 ext. 3005	
Holyoke	Lunchtime Support Groups in English and Spanish	187 High Street, 3 rd Floor Room 305	English speaking: 2nd Thursday; 12:15 - 1:30 pm Spanish Speaking 3rd Wednesday; 12:15 - 1:30 pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	

Pittsfield	Parents Helping Parents		Wednesdays 6:00 - 8:00 pm		1-800-632-8188, press 2	Strictly Confidential
Westfield	Lunchtime Support Group	Carson Center Conference Room 77 Mill Street	2nd Monday 12:15 - 1:30 pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	