



Affiliated Parent and Youth Support Groups

For more information, contact the Group Leader(s) directly.

The days, times and locations are subject to change; please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)

45 Bromfield Street, 10th Floor

Boston, MA 02108

617-542-7860

Please email additions and or corrections to: info@ppal.net

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	
Boston	Parent Support Groups in English and Spanish	Bay Cove Human Services 66 Canal Street Boston, MA	Thursdays: 12pm - 1:30pm; Spanish speaking 1st & 3rd Fridays: 12 -1 pm	Margaret Nixon Sharon Castro	mnixon@baycove.org 617-371-3125 Sharon Castro 617-371-3052	Please call in advance if attending
Canton	Weekly Support Group	Canton Public Library Art & Activity Room 786 Washington Street	Mondays: 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Chelsea	Parent Support	Boys and Girls Club 30 Willow Street	3rd Thursdays: 6 – 7:30 pm	Sharon Castro	617-371-3052	Please call in advance if attending
Dorchester	Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd Wednesday: 6 – 7:30 pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	Please call in advance if attending
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	4th Wednesday: 6 – 7:30 pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	Please call in advance if attending
Dorchester	Parents Helping Parents	Up Academy 35 Westville Street	Wednesday: 10- 11:30 am	Toni	857-220-7193	Childcare available
Malden	Parents Helping Parents	YMCA 99 Dartmouth Street	Mondays: 6:30 – 8 pm	Andy	857-544-6443	
Newton	Parents Helping Parents	Brigham House 20 Hartford Street	Wednesday: 6:30 - 8 pm	Randy	617-926-5008 ext. 105	Childcare available
Quincy	Parents Helping Parents	Wollaston Church of the Nazarene 37 East Elm Ave.	Thursdays: 6:30 - 8 pm	Nancy	781-983-7327	Childcare available

Roxbury	Parents Helping Parents	Family Resource Center 2010 Columbus Ave. 1st Floor	Wednesday: 10 - 11:30 am Spanish speaking Mondays: 10 - 11:30 am	Sandra Luzdary	617-379-5603 617-379-5601	
Walpole	Parents Helping Parents	Walpole Public Library - Reference Desk 2nd Floor	Wednesday: 6:30 - 8 pm	Kathy	508-494-2486	
Westwood	Parents Support	Westwood Library Conference Room 660 High Street	Tuesday: 10 - 11:30 am	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Weymouth	Weekly Group	Tufts Library Jones Room 46 Broad Street	Fridays: 10 am – 12noon	Betty Wagner	bwagner@mspcc.org 617-983-5803	

Southeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Brockton	Parent Support	Call for Location	2nd & 4th Wednesdays: 6 pm -8 pm	Tabitha West	pin@bamsi.org 508-947-8779 ext. 214	Please call for info. and location
Cape Cod (Falmouth)	Support Group	Call for Location	1st Wednesday: 6:30 - 8:30 pm	Kim Eldridge	pin@bamsi.org 508-947-8779 ext. 229	Please call for info. and location
Cape Cod (Hyannis)	Parent Support	Call for Location	1st Friday: 10 – 11:30 am	Kim Eldridge	pin@bamsi.org 508-947-8779 ext. 229	Please call for info. and location
Cape Cod (Orleans)	Parent Support	Call for Location	1st Tuesday: 10 - 11:30 am	Kim Eldridge	pin@bamsi.org 508-947-8779 ext. 229	Please call for info. and location
Cape Cod (Sagamore Bridge)	Cape Cod Coffee Group Sagamore Bridge	Call for Location	Last Tuesday: 10 - 11:30 am	Kim Eldridge	pin@bamsi.org 508-947-8779 ext. 229	Please call for info. and location

Fairhaven	Fairhaven Coffee Group	Call for Location	3rd Wednesday: 9 - 10:30 am	Amy McDevitt	pin@bamsi.org 508-947-8779 ext. 221	Please call for info. and location
Fall River	Parent Support	Call for Location	1st & 3rd Thursday 6 pm – 8 pm	Courtney Monte	pin@bamsi.org 508-947-8779 ext. 221	Please call for info. and location
Hanover	Parent Support	Call for Location	2nd Wednesday: 6 - 8 pm	Heather Connor	pin@bamsi.org 508-947-8779 ext. 216	Please call for info. and location
Kingston	Parent Support	Call for Location	Morning Group 3rd Thursday: 10:30 am- 12:30 pm	Heather Connor	pin@bamsi.org 508-947-8779 ext. 216	Please call for info. and location
Kingston	Parent Support	Call for Location	Evening Group 4th Thursday: 6 - 8 pm	Heather Connor	pin@bamsi.org 508-947-8779 ext. 216	Please call for info. and location
Mansfield	Mansfield Coffee Group	Call for Location	2nd Wednesday: 9:30 - 11 am	Lindsay Chretien	pin@bamsi.org 508-947-8779 ext. 214	Please call for info. and location
Middleboro	Father's Group	Call for Location	2nd Saturday: 5 - 7 pm	Chris Bean	cbean@bamsi.org 781-626-2209	Please call for info. and location
Middleboro	Parents of Transitional Age Youth (14 – 25)	Call for Location	3rd Wednesday: 6:30 pm – 8:30 pm	Tresa Salters	pin@bamsi.org 508-947-8779 ext. 222	Please call for info. and location
Middleboro	Parent Support	Call for Location	1st Wednesday: 6 - 7:30 pm	Lindsay Chretien	pin@bamsi.org 508-947-8779 ext. 214	Please call for info. and location
New Bedford	Parents Helping Parents	Family Resource & Development Center 105 Williams Street, 3rd Floor	Mondays: 5 - 6:30 pm	Richard	508-817-5056	
New Bedford	Parents Helping Parents	Family Resource & Development Center 105 Williams Street, 3rd Floor	Thursdays: 1 - 2 pm	Maria	904-616-2202	

New Bedford	Parent Support	Call for Location	Evening Group 4th Thursday: 5 - 7 pm	Amy McDevitt	pin@bamsi.org 508-947-8779 ext. 221	Please call for info. and location
Norton	Parent Support	Call for Location	3rd Wednesday: 6 – 7:30 pm	Lindsay Chretien	pin@bamsi.org 508-947-8779 ext. 214	Please call for info. and location
Wareham	Wareham Coffee Group	Call for Location	2nd & 4th Thursday: 9:30 – 11 am	Amy McDevitt	pin@bamsi.org 508-947-8779 ext. 221	Please call for info. and location

Northeast Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Beverly	Parent Support	N. S. Ed Consortium Family Center 112 Sohier Road, 3rd Floor	4th Tuesday: 9:30 – 11 am	Krissie Burnham	KrissieBurnham@me.us 978-283-0296 ext. 732	Please call in advance if attending
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	3rd Thursday: 6 - 8 pm	Barbara Peters	bpeters@mspcc.org 978-373-1126 ext. 5310	Registration required before 9 am the day of
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	1st & 3rd Tuesday: 6 - 8 pm	Barbara Peters	bpeters@mspcc.org 978-373-1126 ext. 5310	Registration required before 4 pm the day of
Lawrence	Parent support	MSPCC 439 Union Street	2nd & 4th Mondays: 11 am – 1 pm	Damaris Santiago	dsantiago@mspcc.org 978-681-9581	Light refreshments served
Lowell	Parent support	Community Teamwork 126 Phoenix Ave.	Mondays: 5:30 - 7 pm	Anne	978-256-1239	Childcare available
Lowell	Parent support	Call for Location	2nd & 4th Tuesdays: 6:00 – 7:45 pm	Nancy Collier	ncollier@mspcc.org 978-935-5811	Food is Provided Limited Child Care
Lowell	Parent Support	Call for Location	1st & 3rd Tuesdays: 10 – 11:30 am	Nancy Collier	ncollier@mspcc.org 978-935-5811	

Lowell	Parents of Transition Age Youth	Call for Location	1st Tuesday: 6 – 7:45 pm	Nancy Collier	ncollier@mspcc.org 978-935-5811	Food is Provided
Lynn	Parents Helping Parents	Lynn Community Connections Coalition 298 Union Street	Mondays: 6 - 7:30 pm	Ann	781-307-3991	
Lynn	Parent Support	Lynn YMCA 20 Neptune Blvd.	Every Friday: 6 – 8 pm	Dalene Basden	ptahsw@verizon.net 781-775-0708	Call to Schedule Intake
Salem	Parents Helping Parents	North Shore Children's Hospital 57 Highland Ave.	Tuesday: 10 - 12 noon	Ivette	978-354-2670	
Salem	Parent Support	Salem YMCA 1 Sewall Street	2nd Friday: 6 – 8:30 pm	Krissie Burnham	KrissieBurnham@me.us 978-283-0296 ext. 732 Reservations Required	Supper, Swimming & Child Care

Metro Suburban Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Framingham	Parents Helping Parents	Community Room Pusan Road	Fridays: 10:30 am – 12 Noon	Roberta	617-527-1806	
Framingham	Parent Support	Wayside Youth & Family Support Network 88 Lincoln Street	1st & 3rd Monday: 10 - 11:30 am 3rd Wednesday: 7 - 8:30 pm	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 ext. 194	
Framingham	Sibling Club 6 to 12 yrs. old (siblings of MH Child)	Wayside Youth & Family Support Network 88 Lincoln Street	Runs in Fall/Spring	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 ext. 194	Pre- Registration required & information through Ann Killion

Framingham	Parent Support Group (Parents of transition Age Youth)	Wayside Youth & Family Support Network 88 Lincoln Street	3rd Wednesday of each month: 7 - 8:30pm	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 ext. 194	
Harvard	Parents Helping Parents	St. Theresa Church (Church Hall Library) 17 Still River Rd.	Sundays: 3 - 4:30 pm	Joseph	978-798-2190	
Waltham	Parents Helping Parents	Lemberg Children's Center, Brandeis University 415 South Street	Wednesdays: 7:15 - 8:45 pm	Deb	781-209-8598	

Central Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Gardner	Family Support	You Inc. Family Support Center 205 School Street	Every Thursday: 10 - 11:30 am 6:30 - 8 pm	Anne Berube	berubea@youinc.org 978-630-4918 ext. 32	
Worcester	Parents Helping Parents	Guild of St. Agnes Childcare Center 113 Granite Street	Mondays: 7 - 8:30 pm	Mara	508-852-4239	Childcare available
Worcester	Parent Support	Parent Professional Advocacy League (PPAL) 51 Union St., Suite 308	2nd & 4th Thursdays: 5:30 - 7:30 pm	Sandy MacLennan	smaclennan@ppal.net 508-767-9725 ext. 201	

Western Area

Town	Group	Location	Days and Times	Group Leader	Contact Information	Other Details
Amherst	Amherst Support Group	Bangs Community Center Boltwood Walk	2nd or 3rd Monday: of the month 6:30 - 8:30 pm	Margery Jess-Reid	mjess-reid@wmtcinfo.org 413-536-2401 ext. 3005	Upcoming dates are Sept. 15, Oct. 20, Nov. 17. Contact for future dates.
Greenfield	Parent Support	474 Main Street	3rd Tuesday: 6:30 - 8:30 pm	Gretchen Edmond	gemon@wmtcinfo.org 413-536-2401 ext. 2080	Call for Childcare
Greenfield	Transitional Age Support Group	13 Prospect Street	2nd Wednesday: 6 - 8 pm	Gretchen Edmond	gemon@wmtcinfo.org 413-536-2401 ext. 2080	
Springfield	Parents Helping Parents	Square One, STCC Tech 1095 Main Street	Wednesday: 10:30 - 12 noon	Brenda	413-386-3855	
Springfield	Parent Support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	3rd Friday: 12:30 - 1:30pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	Childcare available
Ware	Ware Support Group	Hillside Village Apts. Community Room 17 Convent Hill Rd.	Wednesdays: 11 - 1 pm	Margery Jess-Reid	Mjess-reid@wmtcinfo.org 413-536-2401 ext. 3005	Upcoming dates are Aug. 27, Sept. 17, Oct. 1, Oct. 29, Nov. 19, Dec. 3. Contact for future dates.
Westfield	Lunchtime Support Group	Carson Center Conference Room 77 Mill Street	2nd Monday: 12:30 - 1:30 pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002 1-800-844-2401 ext. 3002	

