

25

dollars

For

25

years

\$25 for
parent to
parent
support

\$25 to
fight
stigma

\$25 for
outreach to
families from
diverse
cultures

\$25 to be
sure family
voice is
heard

\$25 for
parent and
youth
information
lines

\$25 for
training
for
families

\$25 to create
a youth
speakers
bureau

\$25 for
advocacy

\$25 for
training for
professionals

\$25 to
educate the
public about
children's
mental
health

\$25 for
youth
groups

\$25 to
create
surveys and
hear what
families say

Give **\$25** or more to help us celebrate PPAL's **25 years!** Your **\$25, \$50, \$250** or other amount will continue to help ***change the world*** for children and youth with mental health needs and their families. Help us raise **\$25,000.**

[**Click here**](#) and **Give Today!**

Who is PPAL? We are a grassroots, family-run, non-profit organization dedicated to improving the mental health and well-being of children, youth and families through education, advocacy and partnership.

