

Updated 5/15/18



Affiliated Parent and Caregiver Support Groups

For more information, contact the Group Leader(s) directly.

The days, times, and locations are subject to change. Please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)
15 Court Square, Suite 660
Boston, MA 02108
617-542-7860
info@ppal.net

Light Blue = Transitional Age Group	Light Red = Spanish Speaking Groups
Light Purple = Father Groups	Light Green Coffee groups

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent Support Group in English	Bay Cove Human Services 66 Canal Street, 5 th floor	Thursdays : 12pm- 1:30pm	Sharon Castro Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Boston	Parent Support Group in Spanish	66 Canal Street, 5 th floor	Fridays 10am-11am	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	Mondays : 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Cambridge	Weekly Support Groups	Cambridge Innovation Center 1 Broadway Street	1st and 3rd Friday of month : 10:00am – 12:00pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Cambridge	Weekly Support Groups	Maria L Baldwin School 85 Oxford Street	2nd and 4th Friday of month : 6:00pm – 7:30pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Chelsea	Parent Support Group in Spanish	Boys and Girls Club 30 Willow Street	3rd Thursday : 6:15 - 7:30 pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Parent Support Group	Bay Cove Early Intervention 105 Victory Road	4 th Wednesday: 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	2 nd Wednesday: 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
East Boston	Transitional Age Youth - Spanish	East Boston Library 365 Bremen Street	2nd and 4th Fridays 9 - 11am	Consuelo Perez	cperez@ppal.net or info@ppal.net	
Jamaica Plain	Parent Support Group	ABCD 315 Centre St (Rear)	1st and 3rd Mondays 12:00pm – 1:30pm	Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Westwood	Parent Support	Westwood Library Conference Room 660 High Street	Tuesdays 10 – 12pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Newton	Weekly Group	West Suburban YMCA Computer Room 276 Church street	Thursdays 10am - 12 Noon	Betty Wagner	bwanger@mspcc.org 617-983-5803	

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Southeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Brockton	Parent Support (Coffee Group)	Call for Location	2nd Tuesday 10:00AM-12:00PM	Ashley Francois	brocktonpin@bamsi.org 774-517-7021 508-947-8779 x 210	Please call for information and location
Brockton	Parent Support	Call for Location	4th Thursday 6:00PM - 8:00PM	Ashley Francois	brocktonpin@bamsi.org 774-517-7021 508-947-8779 x 210	Please call for information and location
Cape Cod Group (Falmouth)	Parent Support	Call for Location	2nd Wednesday 6:30PM - 8:30PM	Amy Devitt	amymcdevitt@bamsi.org 774-517-7009 508-947-8779 x 210	Please call for information and location
Fall River	Parent Support (Coffee Group)	Call for Location	1st and 3rd Friday 9:00AM - 11:00AM	Chelsie Atwood	fallriverpin@bamsi.org 774-517-7011	Please call for information and location
Fall River	Parent Support (Family Fun Night)	Call for Location	4th Wednesday 5:00PM – 7:00PM	Chelsie Atwood	fallriverpin@bamsi.org 774-517-7011	Please call for information and location
Cape Cod Group (Hyannis)	Parent Support	Call for Location	4th Tuesday 10:00AM-11:30AM	Amy Devitt	amymcdevitt@bamsi.org 774-517-7009 508-947-8779 x 210	Please call for information and location
Hyannis	Parent Support PTAY Group	Call for Location	1st Tuesday 5:30PM-7:00PM	Tresa Salters	ptaypin@bamsi.org 774-517-7007	Please call for information and location
Kingston	Parent Support	Call for Location	2nd and 4th Thursdays 6:00PM - 8:00PM	Heather Connor	plymouthpin@bamsi.org 774-517-7008 508-947-8779 x210	Please call for information and location
Middleboro	Fathers Group	Call for Location	2nd Saturday 5:00AM - 7:00PM	Chris Bean	christopherbean@bamsi.org 781-626-2209	Please call for information and location
Middleboro	Couples Support Group	Call for Location	Schedule varies 5:00PM - 7:00PM	Chris Bean	pin@bamsi.org 781-626-2209	Please call for information and location
Middleboro - Taunton	Parent Support (Coffee Group)	Call for Location	1st Wednesday: 9:30AM – 11:30AM	Lynn Levesque	lynnlevesque@bamsi.org 508-944-7428	Please call for information and location
Middleboro	Transitional Age Youth Parent Support	Call for Location	3rd Wednesday 6:30PM - 8:30PM	Tresa Salters	ptaypin@bamsi.org 774-517-7007	Please call for information and location
New Bedford-Wareham	Parent Support Group	Call for Location	1st Thursday 10:00AM - 12:00AM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Parent Support Group	Call for Location	4th Tuesday 10:00AM - 12:00AM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location

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New Bedford-Wareham	Parent Support (Coffee Group)	Call for Location	4th Wednesday 6:30PM - 8:30PM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Parent Support	Call for Location	2nd Wednesday 5:15PM - 7:00PM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
Plymouth	Parent Support (Coffee Group)	Call for Location	3rd Friday 10:00AM – 11:30AM	Heather Connor	heatherconnor@bamsi.org 774-517-7008	Please call for information and location
Plymouth	Parent Support	Call for Location	4th Thursday 6:45PM - 7:45PM	Heather Connor	heatherconnor@bamsi.org 774-517-7008	Please call for information and location
Plymouth	Parent Support (Walking Group)	Call for Location	** Date time & location varies. Call Heather for information **	Heather Connor	heatherconnor@bamsi.org 774-517-7008	Please call for information and location
Plymouth	Parent Support PTAY Group/Youth Social	Call for Location	2nd Thursday 6:00PM - 8:00PM	Tresa Salters	ptaypin@bamsi.org 774-517-7007	Please call for information and location
Quincy	Parent Support	Call for Location	1st Thursday 6:00PM - 7:30PM	Kathryn Caruso	kathryncaruso@bamsi.org 774-539-8901	Please call for information and location
Taunton/Norton	Parent Support	Call for Location	4th Wednesday 6:00PM - 8:00PM	Lynn Levesque	lynnlevesque@bamsi.org 508-944-7428	Please call for information and location
Weymouth	Parent Support	Call for Location	2nd and 4th Wednesday 9:30AM - 11:00AM	Kathryn Caruso	kathryncaruso@bamsi.org 774-539-8901	Please call for information and location

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Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Salem	Parent Support	Salem YMCA 1 Sewall St. Salem, MA	2nd Friday 6:00PM - 8:30PM	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	RSVP for Childcare
Beverly	Parent Strong Club (Self-Care Group)	North Shore Education Consortium 112 Sohier Rd. Beverly, MA	4th Wednesday 9:45 – 11:00AM	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	Exercise group – all ages and abilities
Gloucester	Caregiver Support Group	Pathways for Children 29 Emerson Ave. Gloucester, MA	Tuesdays Open door food pantry at 4pm 5:15p-6:30p	Tania Cornetta	tcornetta@pw4c.org 978-281-2400	RSVP for Childcare
Haverhill	Social and Caregiver Support Group	57 Green Street	1st, 2nd, 3rd Wednesday 10-12pm	Barbara Seay	bseay@eliotchs.org	Call for more information
Haverhill	Family Support	396 Main Street	2nd and 4th Thursday 6:00 – 8:00PM	Barbara Seay	bseay@eliotchs.org	Call for more information
Lowell	Parent Support	Call for Location	2nd and 4th Tuesdays: 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided Limited Child Care
Lowell	Transitional Age Youth Parent Support	Call for Location	1st and 3rd Tuesdays: 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Boulevard	Fridays 6:00 – 8:00PM	Dalene Basden		Call first to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth Street	2nd and 4th Wednesdays: 6:15 – 7:45PM	Martha Cregan	mcregan@eliotchs.org 508-688-5671	RSVP for childcare and support group
Manchester	Parent Strong Club (Self-Care Group)		Mondays 9:45AM – 11:45AM	Krissie Burnham	kburnham@eliotchs.org	** Space is limited RSVP before attending. Exercise group – all ages and abilities
Wakefield	Parent Support	Horizon House 78 Water Street	1st and 3rd Tuesday 6:30pm onward	Martha Cregan	mcregan@eliotchs.org 508-688-5671	Register by email

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Metro Suburban Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support 88 Lincoln Street	1st and 3rd Mondays: 10 – 11:30 AM	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	
Framingham	Sibling Club (6 – 12 yrs. old for siblings of a child with mental health needs)	Wayside Youth & Family Support 88 Lincoln Street	Runs in Fall/Spring	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	Pre-Registration Required Get information through Ann Killion
Framingham	Transitional Age Youth Parent Support	Wayside Youth & Family Support 88 Lincoln Street	Last Wednesday: 6 – 7:30 PM	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	
Waltham	Parent Group	118 Central Street, Waltham	Typically 2nd and 4th Mondays 10:30 – 12:30 PM Typically 3 rd Monday Evening	Kelly Daron	kelly_daron@waysideyouth.org 781-966-5660	Please call before to confirm time of meeting
Arlington	Transitional Age Youth Parent Support	12 Prescott Street in Arlington	Just starting up	Kelly Daron	kelly_daron@waysideyouth.org 781-966-5660	Call for details

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Central Mass Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Gardner	Family Support	You Inc. Counseling Center 205 School Street	Every Thursday: 10 – 11:30 AM	Ann Berube	berubea@youinc.org 978-630-4918 ext. 32	
Gardner	Family Support	You Inc. Counseling Center 205 School Street	Every Thursday: 6:30 – 8:00 PM	Ann Berube	berubea@youinc.org 978-630-4918 ext. 32	
Milford	Caregiver Support Group for Children with Special Needs	Trinity Episcopal Church 17 Congress Street	1st Wednesdays: 6:00 – 8:00 PM	Cheryl Marino	cmarino-page@ppal.net 508-735-8049	Childcare Provided (Please RSVP if need child care)
Leominster	Family & Friends Support	Umass Memorial-Health Alliance Hospital Leominster Campus, Simons Building, Guild Conference Room 60 Hospital Road, Leominster	2nd Wednesday: 4:30-6:30pm	Beth Pond	bpond@ppal.net 508-767-9725	
Lancaster	Transitional Age Youth Parent Support	Dr. Franklin Perkins School Janeway Ed. Center-Library 975 Main Street	1st and 3rd Wednesdays: 6:00 – 8:00 PM	Kristen Solaras	parentsupportgroup@ppal.net	Email parentsupportgroup@ppal.net for information
Worcester	Family Network Social	Spring-Summer-Fall In the Park	1st Tuesday 10-12:00pm	Kristen Solaras	ksolaras@ppal.net 508-767-9725	Email Kristen or parentsupportgroup@ppal.net for Park locations
Worcester	Family Network Social	Spring-Summer-Fall In the Park	Contact Kristen for dates and park locations 5:00 – 7:00 PM	Kristen Solaras	ksolaras@ppal.net 508-767-9725	Email parentsupportgroup@ppal.net for Park Locations
Worcester	Parent/Grandparent/ Caregiver Support (Spanish)	Centro Las Americas 11 Sycamore Street, Worcester, Ma. 01608	1st and 3rd Thursdays: 10:00 – 12:00 PM	Ana Marchan	amarchan@ppal.net 508-767-9725	Email parentsupportgroup@ppal.net for information
Worcester	Transitional Age Youth Parent Support	Kiva /Zia Access Center 209 Shrewsbury Street Worcester, Ma 01608	2nd and 4th Wednesday: 5:30 – 7:30 PM	Lunie Jacques	LJacques@ppal.net 508-767-9725	Email parentsupportgroup@ppal.net for information

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Western MA

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Agawam	Parent Support	Agawam Public Library 750 Cooper Street, Agawam, MA	1st Tuesday 11:30AM - 12:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	No child care provided
Amherst	Parent Support	The Bridge Family Resource Center 101 University Dr. Suite A3	2nd Wednesday 11:30AM – 1:00PM	Margery Jess	mjess@wmtcinfo.org 413-530-5488	Child Care provided with RSVP
Greenfield	Parent Support	Salasin Center 474 Main Street	2nd Mondays 6:00PM – 8:00 PM	Shawna Osman	sosman@wmtcinfo.org 413-530-4593	Child care provided with RSVP
Greenfield	Transitional Age Youth Parent Support	21 Mohawk Trail, Greenfield	2nd Wednesdays 6:00PM - 8:00PM	Gretchen Emond	gemon@wmtcinfo.org 413-530-4689	No Child Care Provided
Greenfield	Parent Support	Salasin Center 474 Main Street, Greenfield, MA	Every Thursday 9:30AM – 11:30 AM	Gretchen Emond	gemon@wmtcinfo.org 413-530-4689	Child care provided with RSVP
Holyoke	Parent/Grandparent/ Caregiver Support (Spanish)	Holyoke Public Library 250 Chestnut Street, Holyoke, MA	Last Friday 11:00AM - 12:30PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
North Adams	Parent support **This group may change	UNO Community Center 157 Rivers St. North Adams, MA	2nd Wednesday 1:30PM – 3:00PM	AnnaMaria Sebastino	asebastino@.org 413-887- 9132	Child care provided with RSVP
Pittsfield	Parent Support	Pittsfield Public Library (Athenaeum Room) 1 Wendell Ave. Pittsfield, MA	1st Thursday 5:30PM - 7:00PM	AnnaMaria Sebastino	asebastino@.org 413-887- 9132	No Child Care Provided
Springfield	Parent Support	Scan 360 Office (2 nd floor) (Entrance on the Left) 11 Wilbraham Rd. Springfield, MA	3rd Friday 12:30PM - 1:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	No Child Care Provided
Ware	Parent Support	Hillside Village Apartments Community Room 17 Convent Hill Road, Ware, MA	1st Wednesday 11:00AM - 12:30PM	Margery Jess	mjess@wmtcinfo.org 413-530-5488	No Child Care Provided