

Updated December 22, 2016



## **Affiliated Parent and Youth Support Groups**

**For more information, contact the Group Leader(s) directly.**

**The days, times and locations are subject to change. Please confirm the details with the Group Leader(s).**

Parent/Professional Advocacy League (PPAL)  
15 Court Square, Suite 660  
Boston, MA 02108  
617-542-7860  
[info@ppal.net](mailto:info@ppal.net)

<b>Boston Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Boston	Parent Support Groups in English and Spanish	Bay Cove Human Services 66 Canal Street	<b>Thursdays</b> : 12pm-1:30pm; <b>Spanish speaking</b> 1st & 3rd <b>Friday</b> of Month: 12-1 pm	Margaret Nixon Sharon Castro	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a> <a href="tel:617-371-3052">Sharon Castro 617-371-3052</a>	Please call in advance if attending
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	<b>Mondays</b> :  6:30 – 8:30pm	Betty Wagner	<a href="mailto:bwagner@mspcc.org">bwagner@mspcc.org</a>  <a href="tel:617-983-5803">617-983-5803</a>	
Chelsea	Parent Support Group	Boys and Girls Club 30 Willow Street	<b>3rd Thursday</b> :  6 - 7:30 pm	Sharon Castro	<a href="tel:617-371-3052">617-371-3052</a>	Please call in advance if attending
Dorchester	NAMI Family Support Group	Carney Hospital 2100 Dorchester Ave. Dorchester	2nd <b>Thursday</b> :  6 - 7:30pm	Roy Lynch, Mark Zanger or Monica Lynch	<a href="mailto:roylynch@gmail.com">roylynch@gmail.com</a> <a href="tel:857-342-2810">857-342-2810</a> or <a href="mailto:Mark_Zanger@mzanger@comcast.net">Mark Zanger</a> <a href="tel:617-522-7439">617-522-7439</a> or <a href="mailto:Mpomare28@gmail.com">Mpomare28@gmail.com</a>	Basement Board Room (stairs or elevator back of entrance floor, back from cafeteria)
Dorchester	Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd <b>Wednesday</b> :  6 - 7:30pm	Margaret Nixon	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a>  <a href="tel:617-371-3125">617-371-3125</a>	Please call in advance if attending
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	4th <b>Wednesday</b> :  6 - 7:30pm	Margaret Nixon	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a>  <a href="tel:617-371-3125">617-371-3125</a>	Please call in advance if attending
Westwood	Parent Support Group	Westwood Library Conference Room 660 High Street	<b>Tuesday</b> :  10 – 12 Noon	Betty Wagner	<a href="mailto:bwagner@mspcc.org">bwagner@mspcc.org</a>  <a href="tel:617-983-5803">617-983-5803</a>	
Walpole	Weekly Group	Walpole Public Library Conference Room 143 School Street	<b>Fridays</b> :  10am - 12 Noon	Betty Wagner	<a href="mailto:bwanger@mspcc.org">bwanger@mspcc.org</a>  <a href="tel:617-983-5803">617-983-5803</a>	

<b>Southeast Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Brockton	Parent Support	Call for Location	1st and 3rd <b>Wednesdays:</b> 5:30 – 7:30pm	Ashley Francois	<a href="mailto:brocktonpin@bamsi.org">brocktonpin@bamsi.org</a> <a href="tel:774-517-7021">774-517-7021</a> <a href="tel:508-947-8779">508-947-8779 x 210</a>	Please Call for Info. and Location
Cape Cod (Falmouth)	Support Group	Call for Location	1st <b>Wednesday:</b> 6:30 - 8:30 pm	Amy Devitt	<a href="mailto:amymcdevitt@bamsi.org">amymcdevitt@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7009">774-517-7009</a>	Please Call for Info. and Location
Fall River	Fall River Coffee Group	Call for Location	1 <sup>st</sup> and 3 <sup>rd</sup> <b>Friday:</b> 9 – 11am	Chelsie Manuel	<a href="mailto:fallriverpin@bamsi.org">fallriverpin@bamsi.org</a> <a href="tel:774-517-7011">774-517-7011</a>	Please Call for Info. and Location
Kingston	Parent Support Group	Call for Location	2 <sup>nd</sup> and 4 <sup>th</sup> <b>Thursday:</b>  <b>6 – 8pm</b>	Heather Connor	<a href="mailto:plymouthpin@bamsi.org">plymouthpin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7008">774-517-7008</a>	Please Call for Info. and Location
Middleboro	Fathers Group	Call for Location	2nd <b>Saturday:</b> 5 - 7 pm	Chris Bean	<a href="mailto:christopherbean@bamsi.org">christopherbean@bamsi.org</a> <a href="tel:781-626-2209">781-626-2209</a>	Please Call for Info. and Location
Middleboro	Couples Support Group	Call for Location	Schedule Varies 5 – 7 pm	Chris Bean	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a>  <a href="tel:781-626-2209">781-626-2209</a>	Please Call for Info. and Location
Middleboro	Parents of Teens & Young Adults (14-25)	Call for Location	3rd <b>Wednesday:</b>  16:30 – 8:30 pm	Tresa Salters	<a href="mailto:ptaypin@bamsi.org">ptaypin@bamsi.org</a> <a href="tel:774-517-7007">774-517-7007</a> <a href="tel:508-947-8779">508-947-8779 x 210</a>	Please Call for  Info. and Location

Middleboro	Middleboro Parent Coffee Group	Call for Location	1 <sup>st</sup> <b>Tuesday</b> : 9:30 - 11am	Christine Rivers	<a href="mailto:tauntonpin@bamsi.org">tauntonpin@bamsi.org</a>  <a href="tel:774-517-7010">774-517-7010</a>	Please Call for Info. and Location
Middleboro	Parents of Transitional Age Youth (14-25)	Call for Location	3 <sup>rd</sup> <b>Wednesday</b> : 6:30 - 8:30 pm	Tresa Salters	<a href="mailto:ptaypin@bamsi.org">ptaypin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7007">774-517-7007</a>	Please Call for Info. and Location
New Bedford	New Bedford Coffee Group	Call for Location	<b>2nd Wednesday</b> : 6:30 – 8 pm	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7035">774-517-7035</a>	Please Call for Info. and Location
New Bedford	Wareham Coffee Group	Call for Location	1 <sup>st</sup> <b>Thursday</b> : 9:30 – 11:30 am	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7035">774-517-7035</a>	Please Call for Info. and Location
New Bedford	Parent Support Group	Call for Location	4 <sup>th</sup> <b>Wednesday</b> 6:30 – 8pm	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 210</a> <a href="tel:774-517-7035">774-517-7035</a>	Please Call for Info. and Location
Taunton/Attleboro	Norton Group	Call for Location	2 <sup>nd</sup> <b>Thursday</b> : 5:30 – 7pm	Christine Rivers	<a href="mailto:tauntonpin@bamsi.org">tauntonpin@bamsi.org</a> <a href="tel:774-517-7010">774-517-7010</a>	Please Call for Info. and Location
Taunton/Attleboro	Taunton Group	Call for Location	3 <sup>rd</sup> <b>Wednesday</b> : 5:30 – 7pm	Christine Rivers	<a href="mailto:tauntonpin@bamsi.org">tauntonpin@bamsi.org</a> <a href="tel:774-517-7010">774-517-7010</a>	Please Call for Info. and Location
Weymouth	Quincy Group	Call for Location	2 <sup>nd</sup> & 4 <sup>th</sup> <b>Wednesday</b> : 12 – 2 pm	Lisa Reddie	<a href="mailto:quincypin@bamsi.org">quincypin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 219</a> <a href="tel:774-517-7012">774-517-7012</a>	Please Call for Info. and Location

## Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Beverly	Parent Support	North shore Educational Consortium, Family Center, 3rd Floor 112 Sohier Road	4 <sup>th</sup> <b>Tuesday</b> : 9:30-11am	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a>  <a href="tel:978-283-0296">978-283-0296 ext. 732</a>	Please call in advance if attending
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	3 <sup>rd</sup> <b>Thursday</b> : 6 - 8 pm	Barbara Peters	<a href="mailto:bpeters@msspcc.org">bpeters@msspcc.org</a>  <a href="tel:978-373-1126">978-373-1126 ext. 5310</a>	Register
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	1 <sup>st</sup> & 3 <sup>rd</sup> <b>Tuesday</b> : 6 - 8 pm	Barbara Peters	<a href="mailto:bpeters@msspcc.org">bpeters@msspcc.org</a>  <a href="tel:978-373-1126">978-373-1126 ext. 5310</a>	Register

Haverhill	Transition Support Groups & Transition Education for Parents of Youths Ages 14 - 26	Haverhill YMCA Children's Learning Center 87 Winter St. Haverhill, MA	4 <sup>th</sup> <b>Tuesday</b> of each month Starting September 27 6 – 8pm	Carol Bisgrove	<a href="mailto:cbisgrove@ppal.net">cbisgrove@ppal.net</a>  978-891-4097	Light refreshments provided
Haverhill	Transition Support Groups & Transition Education for Parents of Youths Ages 14 - 26	Rehoboth Lighthouse Church 409 Washinton St. Haverhill, Ma	2 <sup>nd</sup> <b>Wednesday</b> of each month Starting September 14 10:30 – 12:30pm	Carol Bisgrove	<a href="mailto:cbisgrove@ppal.net">cbisgrove@ppal.net</a>  <a href="tel:978-891-4097">978-891-4097</a>	Light refreshments provided
Lawrence	Parent Support	MSPCC 439 Union Street	2nd & 4th <b>Monday</b> : 11 am-1 pm	Damaris Santiago	<a href="mailto:dsantiago@mspcc.org">dsantiago@mspcc.org</a>  <a href="tel:978-681-9581">978-681-9581</a>	Light Refreshments Served
Lowell	Parent Support	Call for Location	2nd & 4th <b>Tuesday</b> : 6 - 7:45 pm	Nancy Collier	<a href="mailto:ncollier@mspcc.org">ncollier@mspcc.org</a>  <a href="tel:508-668-5739">508-668-5739</a>	Food is Provided Limited Child Care
Lowell	Parents of Transitional Age Youth	Call for Location	1st & 3 <sup>rd</sup> <b>Tuesday</b> : 6 - 7:45 pm	Nancy Collier	<a href="mailto:ncollier@mspcc.org">ncollier@mspcc.org</a>  <a href="tel:508-688-5739">508-688-5739</a>	Food is Provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Blvd	Every <b>Friday</b> : 6 - 8 pm	Dalene Basden	<a href="mailto:dbasden@eliotchs.org">dbasden@eliotchs.org</a> <a href="tel:781-775-0708">781-775-0708</a>	Call First to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth St. Malden	2nd & 4 <sup>th</sup> <b>Wednesday</b> 6:15 -7:45pm	Martha Cregan	<a href="mailto:mcregan@mspcc.org">mcregan@mspcc.org</a>  <a href="tel:508-688-5671">508-688-5671</a>	RSVP for childcare and support group
Salem	Parent Support	Salem YMCA One Sewall Street	2nd <b>Friday</b> : 6 - 8:30 pm	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a> <a href="tel:978-283-0296">978-283-0296 ext. 732</a> <a href="#">Reservations required</a>	Supper, swimming, and child care provided
Salem	Parent Strong Club	Salem YMCA One Sewall Street	<b>Mondays</b> : 9:45-11am	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a> <a href="tel:978-283-0296">978-283-0296 ext. 732</a> <a href="#">Reservations required</a>	Exercise group all ages & ability
Wakefield	Parent Support	Horizon House 78 Water Street Wakefield, MA 01880	1st and 3rd <b>Tuesday</b> 6:30-	Martha Cregan	<a href="mailto:mcregan@mspcc.org">mcregan@mspcc.org</a>  <a href="tel:508-688-5671">508-688-5671</a>	RSVP to email

<b>Metro Suburban Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Framingham	Parent Support	Wayside Youth & Family Support Network 88 Lincoln Street	1st & 3rd <b>Monday</b> : 10 - 11:30 am	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  <a href="tel:508-620-0010">508-620-0010 x 194</a>	
Framingham	Sibling Club 6 - 12yrs old (for siblings of a mental health child)	Wayside Youth & Family Support Network 88 Lincoln Street	Runs in Fall/Spring	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  <a href="tel:508-620-0010">508-620-0010 x 194</a>	Pre- Registration required & information through Ann Killion
Framingham	Parent Support Group (parents of transition Age Youth)	Wayside Youth & Family Support Tempo	Last <b>Wednesday</b> of each month: 6 - 7:30pm	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  <a href="tel:508-620-0010">508-620-0010 x 194</a>	
Waltham	Wayside Youth & Family Support Network	118 Central Street  Waltham	Typically 2nd and 4th <b>Mondays</b> 10:30-12:30pm + Typically <b>3<sup>rd</sup> Monday</b> evening	Kelly Daron	<a href="mailto:Kelley_daron@waysideyouth.org">Kelley_daron@waysideyouth.org</a>  <a href="tel:781-966-5660">g 781-966-5660</a>	Please call before meeting to confirm time of meeting
<b>Central Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Gardner	Family Support	You Inc. Counseling Center 205 School Street	Every <b>Thursday</b> : 10 - 11:30 am & 6:30 - 8 pm	Ann Berube	<a href="mailto:berubea@youinc.org">berubea@youinc.org</a>  <a href="tel:978-630-4918">978-630-4918 ext. 32</a>	
Milford	Parent Support Group	Trinity Episcopal Church 17 Congress St. Milford, Ma	1 <sup>st</sup> and 3 <sup>rd</sup> <b>Wednesdays</b>  6 – 8p	AnneMarie Rivers Or Chery Marino	<a href="tel:508-473-5700">508-473-5700</a> <a href="mailto:marinoc@youinc.org">marinoc@youinc.org</a>  <a href="tel:508-735-8049">508-735-8049</a>	<b>Childcare provided.</b> Sylvie Dugas, Dugas & Dugas Advisors on Facebook
Sterling	Focus on Transition Aged Youth	InSync Communication Center 1 Beverly Drive (rte 12) Sterling, MA 01568	1st and 3rd <b>Wednesday</b>  6 – 8pm	Anne Hurst	<a href="mailto:ahurst@ppal.net">ahurst@ppal.net</a>	

Worcester	Parent Support	Parent Professional Advocacy League (PPAL) 40 Southbridge St. Worcester	2nd and 4th <b>Thursday:</b> 5:30-7:30pm	Anne Hurst	<a href="mailto:ahurst@ppal.net">ahurst@ppal.net</a> <a href="mailto:parentsupportgroup@ppal.net">parentsupportgroup@ppal.net</a>	
<b>Western Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Agawam	Agawam Support Group	Agawam Public Library, 750 Cooper Street	1st <b>Tuesday:</b> 11:30am-12:45pm	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> <a href="tel:413-536-2401">413-536-2401 ext. 3002</a>	
Amherst	Amherst Support Group	Bangs Community Center Boltwood Walk	3rd <b>Wednesday</b> of the month: 6:30 – 8:30	Margery Jess Reid	<a href="mailto:mjess@wmtcinfo.org">mjess@wmtcinfo.org</a> <a href="tel:413-530-5488">413-530-5488</a>	
Greenfield	Parent Support Group	Salasin Center 474 Main St. Greenfield, MA	6 – 8pm	Shawna Osman	<a href="mailto:sosman@wmtcinfo.org">sosman@wmtcinfo.org</a> <a href="tel:413-530-4593">413-530-4593</a> or <a href="tel:413-774-1000">413-774-1000 ext. 2078</a>	Start Dec. 20 <sup>th</sup> 2016. Child care provided with RSVP
Greenfield	Transitional Age Support Group	13 Prospect Street	2nd <b>Wednesday:</b> 6 - 8 pm	Gretchen Emond	<a href="mailto:gemon@wmtcinfo.org">gemon@wmtcinfo.org</a> <a href="tel:413-774-1000">413-774-1000 ext. 2080</a>	
Springfield	Parent Support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	3rd <b>Friday:</b> 12:30 - 1:45pm	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> <a href="tel:413-536-2401">413-536-2401 ext. 3002</a>	
Springfield	Caregiver/ Parent Support Group (English)	Baystate Medical Associates 3300 Main St. Springfield, MA 01107	3 <sup>rd</sup> <b>Tuesday's:</b> 6:30 – 8p	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a> <a href="tel:413-218-5055">413-218-5055</a>	No child care provided

Springfield	Caregiver/ Parent/ Grandparent Support Group (Spanish)	Springfield Family Resource Center 18 Gaucher St. Springfield, MA 01109	<b>Last Wednesday of the month:</b>  10am – 12 noon	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a>  413-218-5055	
Springfield	Parent Support Group (Spanish)	Springfield Community Access Network 11 Wilbraham Road Springfield, Ma	2 <sup>nd</sup> and 4 <sup>th</sup> <b>Tuesday</b> (daytime)	Emma Febo		
Holyoke	Caregiver/ Parent/ Grandparent Support Group (Spanish)	Holyoke Public Library 250 Chestnut St. Holyoke, MA 01040	<b>Last Friday of the Month:</b>  11 – 12:30p	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a>  413-218-5055	
Ware	Ware Support Group	Hillside Village Apts.  Community Room 17 Convent Hill Rd.	1st <b>Wednesday</b> of each month:  11 – 12:30pm	Margery Jess Reid	<a href="mailto:mjess@wmtcinfo.org">mjess@wmtcinfo.org</a>  413-530-5488	