

Updated February 27, 2017



Affiliated Parent and Youth Support Groups

For more information, contact the Group Leader(s) directly.

The days, times and locations are subject to change. Please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)
15 Court Square, Suite 660
Boston, MA 02108
617-542-7860
info@ppal.net

Boston Area						
Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent Support Groups in English and Spanish	Bay Cove Human Services 66 Canal Street	Thursdays : 12pm-1:30pm; Spanish speaking 1st & 3rd Friday of Month: 12-1 pm	Margaret Nixon Sharon Castro	mnixon@baycove.org 617-371-3125 Sharon Castro 617-371-3052	Please call in advance if attending
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	Mondays : 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Chelsea	Parent Support Group	Boys and Girls Club 30 Willow Street	3rd Thursday : 6 - 7:30 pm	Sharon Castro	617-371-3052	Please call in advance if attending
Dorchester	NAMI Family Support Group	Carney Hospital 2100 Dorchester Ave. Dorchester	2nd Thursday : 6 - 7:30pm	Roy Lynch, Mark Zanger or Monica Lynch	roylynch@gmail.com 857-342-2810 or Mark Zanger mzanger@comcast.net 617-522-7439 or Mpomare28@gmail.com	Basement Board Room (stairs or elevator back of entrance floor, back from cafeteria)
Dorchester	Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd Wednesday : 6 - 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	Please call in advance if attending
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	4th Wednesday : 6 - 7:30pm	Margaret Nixon	mnixon@baycove.org 617-371-3125	Please call in advance if attending
Westwood	Parent Support Group	Westwood Library Conference Room 660 High Street	Tuesday : 10 – 12 Noon	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Walpole	Weekly Group	Walpole Public Library Conference Room 143 School Street	Fridays : 10am - 12 Noon	Betty Wagner	bwagner@mspcc.org 617-983-5803	

Southeast Area						
Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Brockton	Parent Support	Call for Location	1st and 3rd Wednesdays: 5:30 – 7:30pm	Ashley Francois	brocktonpin@bamsi.org 774-517-7021 508-947-8779 x 210	Please Call for Info. and Location
Cape Cod (Falmouth)	Support Group	Call for Location	1st Wednesday: 6:30 - 8:30 pm	Amy Devitt	amymcdevitt@bamsi.org 508-947-8779 x 210 774-517-7009	Please Call for Info. and Location
Fall River	Fall River Coffee Group	Call for Location	1 st and 3 rd Friday: 9 – 11am	Chelsie Manuel	fallriverpin@bamsi.org 774-517-7011	Please Call for Info. and Location
Kingston	Parent Support Group	Call for Location	2 nd and 4 th Thursday: 6 – 8pm	Heather Connor	plymouthpin@bamsi.org 508-947-8779 x 210 774-517-7008	Please Call for Info. and Location
Middleboro	Fathers Group	Call for Location	2nd Saturday: 5 - 7 pm	Chris Bean	christopherbean@bamsi.org 781-626-2209	Please Call for Info. and Location
Middleboro	Couples Support Group	Call for Location	Schedule Varies 5 – 7 pm	Chris Bean	pin@bamsi.org 781-626-2209	Please Call for Info. and Location
Middleboro	Parents of Teens & Young Adults (14-25)	Call for Location	3rd Wednesday: 16:30 – 8:30 pm	Tresa Salters	ptaypin@bamsi.org 774-517-7007 508-947-8779 x 210	Please Call for Info. and Location

Middleboro	Middleboro Parent Coffee Group	Call for Location	1 st Tuesday : 9:30 - 11am	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please Call for Info. and Location
Middleboro	Parents of Transitional Age Youth (14-25)	Call for Location	3 rd Wednesday : 6:30 - 8:30 pm	Tresa Salters	ptaypin@bamsi.org 508-947-8779 x 210 774-517-7007	Please Call for Info. and Location
New Bedford	New Bedford Coffee Group	Call for Location	2nd Wednesday : 6:30 – 8 pm	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please Call for Info. and Location
New Bedford	Wareham Coffee Group	Call for Location	1 st Thursday : 9:30 – 11:30 am	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please Call for Info. and Location
New Bedford	Parent Support Group	Call for Location	4 th Wednesday 6:30 – 8pm	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please Call for Info. and Location
Taunton/Attleboro	Norton Group	Call for Location	2 nd Thursday : 5:30 – 7pm	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please Call for Info. and Location
Taunton/Attleboro	Taunton Group	Call for Location	3 rd Wednesday : 5:30 – 7pm	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please Call for Info. and Location
Weymouth	Quincy Group	Call for Location	2 nd & 4 th Wednesday : 12 – 2 pm	Lisa Reddie	quincypin@bamsi.org 508-947-8779 x 219 774-517-7012	Please Call for Info. and Location

Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Beverly	Parent Support	North shore Educational Consortium, Family Center, 3rd Floor 112 Sohier Road	Last Wednesday of each month : (meets during school year) 9:30-11am	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	Please call in advance if attending Register
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	3 rd Thursday : 6 - 8 pm	Barbara Peters	bpeters@msspcc.org 978-373-1126 ext. 5310	Register
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	1 st & 3 rd Tuesday : 6 - 8 pm	Barbara Peters	bpeters@msspcc.org 978-373-1126 ext. 5310	Register

Haverhill	Transition Support Groups & Transition Education for Parents of Youths Ages 14 - 26	Haverhill YMCA Children's Learning Center 87 Winter St. Haverhill, MA	4 th Tuesday of each month Starting September 27 6 – 8pm	Carol Bisgrove	cbisgrove@ppal.net 978-891-4097	Light refreshments provided
Haverhill	Transition Support Groups & Transition Education for Parents of Youths Ages 14 - 26	Rehoboth Lighthouse Church 409 Washinton St. Haverhill, Ma	2 nd Wednesday of each month Starting September 14 10:30 – 12:30pm	Carol Bisgrove	cbisgrove@ppal.net 978-891-4097	Light refreshments provided
Lawrence	Parent Support	MSPCC 439 Union Street	2nd & 4th Monday : 11 am-1 pm	Damaris Santiago	dsantiago@mspcc.org 978-681-9581	Light Refreshments Served
Lowell	Parent Support	Call for Location	2nd & 4th Tuesday : 6 - 7:45 pm	Nancy Collier	ncollier@mspcc.org 508-668-5739	Food is Provided Limited Child Care
Lowell	Parents of Transitional Age Youth	Call for Location	1st & 3 rd Tuesday : 6 - 7:45 pm	Nancy Collier	ncollier@mspcc.org 508-688-5739	Food is Provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Blvd	Every Friday : 6 - 8 pm	Dalene Basden	dbasden@eliotchs.org 781-775-0708	Call First to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth St. Malden	2nd & 4 th Wednesday 6:15 -7:45pm	Martha Cregan	mcregan@mspcc.org 508-688-5671	RSVP for childcare and support group
Salem	Family Support Group	Salem YMCA One Sewall Street	2nd Friday : (meets yr. round)	Krissie Burnham	kburnham@eliotchs.org 781-860-3717 Reservations required	Supper, swimming, and child care provided
TBD	Healing Caregivers Thru the Art Group	TBD	TBD	Krissie Burnham	Kburnham@eliotchs.org 781-860-3717 Reservations required	Supplies may be additional cost for this particular group
Beverly	Parent Strong Club	Salem YMCA One Sewall Street	Mondays : (meets during school yr.) 9:45-11am	Krissie Burnham	Kburnham@eliotchs.org 781-860-3717 Reservations required	Exercise group all ages & ability

Wakefield	Parent Support	Horizon House 78 Water Street Wakefield, MA 01880	1st and 3rd Tuesday 6:30-	Martha Cregan	mcregan@mspcc.org 508-688-5671	RSVP to email
Metro Suburban Area						
Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support Network 88 Lincoln Street	1st & 3rd Monday : 10 - 11:30 am	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 x 194	
Framingham	Sibling Club 6 - 12yrs old (for siblings of a mental health child)	Wayside Youth & Family Support Network 88 Lincoln Street	Runs in Fall/Spring	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 x 194	Pre- Registration required & information through Ann Killion
Framingham	Parent Support Group (parents of transition Age Youth)	Wayside Youth & Family Support Tempo	Last Wednesday of each month: 6 - 7:30pm	Ann Killion	ann_killion@waysideyouth.org 508-620-0010 x 194	
Waltham	Wayside Youth & Family Support Network	118 Central Street Waltham	Typically 2nd and 4th Mondays 10:30- 12:30pm + Typically 3rd Monday evening	Kelly Daron	Kelley_daron@waysideyouth.org g 781-966-5660	Please call before meeting to confirm time of meeting
Central Area						
Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Gardner	Family Support	You Inc. Counseling Center 205 School Street	Every Thursday : 10 - 11:30 am & 6:30 - 8 pm	Ann Berube	berubea@youinc.org 978-630-4918 ext. 32	
Milford	Parent Support Group	Trinity Episcopal Church 17 Congress St. Milford, Ma	1 st and 3 rd Wednesdays 6 – 8p	AnneMarie Rivers Or Chery Marino	508-473-5700 marinoc@youinc.org 508-735-8049	Childcare provided. Sylvie Dugas, Dugas & Dugas Advisors on Facebook

Sterling	Focus on Transition Aged Youth	InSync Communication Center 1 Beverly Drive (rte 12) Sterling, MA 01568	1st and 3rd Wednesday 6 – 8pm	Anne Hurst	ahurst@ppal.net	
Worcester	Parent Support	Parent Professional Advocacy League (PPAL) 40 Southbridge St. Worcester	2nd and 4th Thursday : 5:30-7:30pm	Anne Hurst	ahurst@ppal.net or parentsupportgroup@ppal.net	
Western Area						
Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Agawam	Agawam Support Group	Agawam Public Library, 750 Cooper Street	1st Tuesday : 11:30am-12:45pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002	
Amherst	Amherst Support Group	Bangs Community Center Boltwood Walk	3rd Wednesday of the month: 6:30 – 8:30	Margery Jess Reid	mjess@wmtcinfo.org 413-530-5488	
Greenfield	Parent Support Group	Salasin Center 474 Main St. Greenfield, MA	6 – 8pm	Shawna Osman	sosman@wmtcinfo.org 413-530-4593 or 413-774-1000 ext. 2078	Start Dec. 20 th 2016. Child care provided with RSVP
Greenfield	Transitional Age Support Group	13 Prospect Street	2nd Wednesday : 6 - 8 pm	Gretchen Emond	gmond@wmtcinfo.org 413-774-1000 ext. 2080	
Springfield	Parent Support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	3rd Friday : 12:30 - 1:45pm	Jan Lamberg	jlamberg@wmtcinfo.org 413-536-2401 ext. 3002	

Springfield	Caregiver/ Parent Support Group (English)	Baystate Medical Associates 3300 Main St. Springfield, MA 01107	3 rd Tuesday's: 6:30 – 8p	Cynthia Santiago	Csantiago@wmtcinfo.org 413-218-5055	No child care provided
Springfield	Caregiver/ Parent/ Grandparent Support Group (Spanish)	Springfield Family Resource Center 18 Gaucher St. Springfield, MA 01109	Last Wednesday of the month: 10am – 12 noon	Cynthia Santiago	Csantiago@wmtcinfo.org 413-218-5055	
Springfield	Parent Support Group (Spanish)	Springfield Community Access Network 11 Wilbraham Road Springfield, Ma	2 nd and 4 th Tuesday (daytime)	Emma Febo		
Holyoke	Caregiver/ Parent/ Grandparent Support Group (Spanish)	Holyoke Public Library 250 Chestnut St. Holyoke, MA 01040	Last Friday of the Month: 11 – 12:30p	Cynthia Santiago	Csantiago@wmtcinfo.org 413-218-5055	
Ware	Ware Support Group	Hillside Village Apts. Community Room 17 Convent Hill Rd.	1st Wednesday of each month: 11 – 12:30pm	Margery Jess Reid	mjess@wmtcinfo.org 413-530-5488	