



Parent and Caregiver Support Groups

For more information, contact the Group Leader(s) directly.

***** The dates, times, and locations are subject to change. Please confirm the details with the Group Leader(s).***

Parent/Professional Advocacy League (PPAL)
15 Court Square, Suite 660
Boston, MA 02108
617-542-7860
info@ppal.net

Light Blue = Transitional Age Youth Parent Support Group
Light Purple = Father Groups

Light Red = Spanish Speaking Groups
Light Orange = Day Groups

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent Support Group in English	Bay Cove Human Services 66 Canal Street, 5 th floor	Thursdays: 12pm- 1:30pm	Sharon Castro Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Boston	Parent Support Group in Spanish	66 Canal Street, 5 th floor	Fridays 10am-11am	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	Mondays 6:30 – 8:30pm	Betty Wagner	bwagner@msspcc.org 617-983-5803	
Cambridge	Weekly Support Groups	Cambridge Innovation Center 1 Broadway Street	1st & 3rd Friday 10:00am – 12:00pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Cambridge	Weekly Support Groups	Maria L Baldwin School 85 Oxford Street	2nd & 4th Friday 6:00pm – 7:30pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Chelsea	Parent Support Group in Spanish	Boys and Girls Club 30 Willow Street	3rd Thursday: 6:15 - 7:30 pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Parent Support Group	Bay Cove Early Intervention 105 Victory Road	4th Wednesday 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd Wednesday 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Jamaica Plain	Parent Support Group	ABCD 315 Centre St (Rear)	1st and 3rd Monday 12:00pm – 1:30pm	Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Westwood	Parent Support	Westwood Library Conference Room 660 High Street	Tuesdays 10 – 12pm	Betty Wagner	bwagner@msspcc.org 617-983-5803	
Newton	Weekly Group	West Suburban YMCA Computer Room 276 Church street	Thursdays 10am - 12 Noon	Betty Wagner	bwagner@msspcc.org 617-983-5803	

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Southeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Brockton	Parent Support (Coffee Group)	Call for Location	Coming soon	TBD	For more information call 508-947-8779	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Brockton	Parent Support	Call for Location	Coming soon	TBD	For more information call 508-947-8779	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Cape Cod (Falmouth)	Parent Support	Call for Location	2 nd Wednesday 6:30PM - 8:30PM	Michelle Lynds	MichelleLynds@Bamsi.org 508-947-8779	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Cape Cod Parents of Transitional Age Youth	Parent Support	Call for location	1 st Wednesday 5:30PM-7:00PM	Carol Moore	508-649-9164	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Cape (Hyannis)	Parent Support		4 th Thursday 5:30PM-6:30PM	Michelle Lynds	MichelleLynds@Bamsi.org 508-947-8779	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Fall River	Parent Support (Coffee Group)	Call for Location	1 st and 3 rd Fridays 9:00AM - 11:00AM	Chelsie Atwood	fallriverpin@bamsi.org 774-517-7011	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Fall River-Somerset	Parent Support	Call for Location	2 th Wednesday 6:00PM – 7:30PM	Chelsie Atwood	fallriverpin@bamsi.org 774-517-7011	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Plymouth -Halifax	Coffee group	Call for Location	4 th Wednesday Starting July 2019 (TBD)	Amy McDevitt	AmyMcDevitt@Bamsi.org 774-517-7009	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Plymouth	Parent Support	Call for location	2 nd Thursday 5:45 pm-7:45pm	Amy McDevitt	AmyMcDevitt@Bamsi.org 774-517-7009	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Plymouth	Parent Information Group	Call for Location	3 rd Thursday 9:30 – 10:30AM	Amy McDevitt	AmyMcDevitt@Bamsi.org 774-517-7009	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Plymouth	Parents of Transitiona Age Youth /RLC		2 nd Thursday 6:00PM-8:00PM	Carolyn Moore	508-649-9164	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Middleboro	Fathers Group	Call for Location	2 nd Saturday 5:00 - 7:00PM	Chris Bean	christopherbean@bamsi.org 781-626-2209	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Middleboro	Couples Support Group	Call for Location	Schedule varies 5:00 - 7:00PM	Chris Bean	pin@bamsi.org 781-626-2209	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Middleboro	Parent Support Coffee Group	Call for Location	1 st Tuesday 9:30 - 11AM	Lynn Levesque	LynnLevesque@bamsi.org 508-944-7428	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Plymouth	Parents of Transition age youth/RIC	Call for location	2 nd Thursday 6:00-8:00pm	Carol Moore	508-649-9164	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
New Bedford	Parent Support	Call for Location	2 nd Wednesday 5:15 – 7:00PM	Tara Freitas	newbedfordpin@bamsi.org 774-517-7035	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org

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New Bedford	Parent Support (Coffee Group)	Call for Location	2nd Wednesday 9:00 – 11:00AM	Tara Freitas	newbedfordpin@bamsi.org 774-517-7035	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
New Bedford-Onset	Parent Support Group	Call for Location	4th Wednesday 6:00 - 8:00PM	Tara Freitas	newbedfordpin@bamsi.org 774-517-7035	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Quincy	Parent Support Group	Call for Location	1st Thursday 6:00 – 7:30PM	Kathryn Caruso	774-539-8901	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Quincy-Weymouth	Parent Support Group	Call for Location	2nd & 4th Wednesday 9:30 – 11:00AM	Kathryn Caryso	774-539-8901	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Taunton-Middleboro	Parent Support Group	Call for Location	3rd Tuesday 5:30 - 7:00PM	Lynn Levesque	LynnLevesque@bamsi.org 508-944-7428	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org
Taunton-Middleboro	Parent Support (Coffee Group)	Call for location	1st Tuesday 9:30-11:30AM	Lynn Levesque	LynnLevesque@bamsi.org 508-944-7428	Pre-registration is required. Please call 508-947-8779 x 210 or email pin@bamsi.org

Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Salem, MA	Open Social Caregiver Support Group	Salem YMCA 1 Sewall Street	1st Wednesdays 6-8:00PM	Martha Cregan	MCregan@eliotchs.org 508-688-5671	Community supper provided. Please call in advance if interested in attending, RSVP for Childcare
Everett	Drop-in grandparent as caregivers support group	Everett Resource Center 548 Broadway (Maple Ave entrance)	2nd & 4th Wednesdays 11:30 - 1PM	Anne L. Edgerton	AEEdgerton@Eliotchs.org 781-879-9674	
Everett	Drop-in parenting support group	Everett Resource Center 548 Broadway (Maple Ave entrance)	1st & 3rd Thursdays 10-11:30AM	Anne L. Edgerton	AEEdgerton@Eliotchs.org 781-879-9674	
Everett	Drop-in parenting support group	Everett Resource Center 548 Broadway (Maple Ave entrance)	2nd & 4th Wednesdays 4:30 - 6PM	Anne L. Edgerton	AEEdgerton@Eliotchs.org 781-879-9674	
Beverly	Open Social Caregiver Support Group	N. Shore Ed. Consortium Family Center 112 Sohler Rd.	Last Wednesday 9:30 – 11:00AM	Martha Cregan	MCregan@eliotchs.org 508-688-5671	Meets during the school year
Gloucester	Open Social Caregiver Support Group	Gloucester YMCA 67 Middle Street	3rd Mondays 6 – 7:30PM	Martha Cregan	MCregan@eliotchs.org 508-688-5671	Call for more information
Manchester	Parent Strong Group Self-care group	call for location	Mondays 9:45 - 11:00AM	Martha Cregan	MCregan@eliotchs.org 508-688-5671	Self-care group involving private, individualized strength training for caregivers. Beginners welcomed! Call for more information

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Haverhill	Social and Caregiver Support Group	57 Green Street	1 st , 2 nd , 3 rd Wednesday 10-12PM	Barbara Seay	bseay@eliotchs.org	Call for more information
Haverhill	Family Support	396 Main Street	2 nd & 4 th Thursday 6:00 – 8:00PM	Barbara Seay	bseay@eliotchs.org	Call for more information
Lowell	Parent Support	Call for Location	2 nd and 4 th Tuesday 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided Limited Child Care
Lowell	Transitional Age Youth Parent Support	Call for Location	1 st & 3 rd Tuesday 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Boulevard	Fridays 6:00 – 8:00PM	Dalene Basden	DBasden@JRI.org 781-775-0708	Call first to schedule intake
North Andover	Parent Support	1007 Osgood st. N. Andover	2 nd & 4 th Wednesday 6 – 7:30PM	Kelly Beekman	KBeekman@Eliotchs.org 781-35-7784	
Malden	Parent Support	Malden YMCA 99 Dartmouth Street	2 nd & 4 th Wednesday 6:15 – 7:45PM	Anne L. Edgerton	AEdgerton@Eliotchs.org 781-879-9674	RSVP for childcare and support group
Wakefield	Drop-in parenting support group	Horizon House 78 Water Street	1 st & 3 rd Wednesday 6:30 – 8PM	Anne L. Edgerton	AEdgerton@Eliotchs.org 781-879-9674	

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Metro Suburban Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support 88 Lincoln Street	1st & 3rd Monday 10 – 11:30 AM		ann_killion@waysideyouth.org 508-469-3207	
Framingham	Sibling Club (6 – 12 yrs old for siblings of a child with mental health needs)	Wayside Youth & Family Support 88 Lincoln Street	Runs in Fall/Spring		ann_killion@waysideyouth.org 508-469-3207	Pre-Registration Required Get information through Ann Killion
Framingham	Transitional Age Youth Parent Support	Wayside Youth & Family Support 88 Lincoln Street	Last Wednesday: 6 – 7:30 PM		ann_killion@waysideyouth.org 508-469-3207	
Waltham	Parent Group	118 Central Street, Waltham	Typically 2nd & 4th Mondays 10:30 – 12:30 PM Typically 3 rd Monday Evening	Kelly Daron	kelly_daron@waysideyouth.org 781-966-5660	Please call before to confirm time of meeting
Arlington	Transitional Age Youth Parent Support	12 Prescott Street in Arlington	Just starting up	Kelly Daron	kelly_daron@waysideyouth.org 781-966-5660	Call for details

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Central Mass Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Gardner	Family Support	Mt. Wachusett Community College 444 Green St. Room S-105, Gardner Summer meetings are at Dunn Park	2nd & 4th Thursday 6:00 – 8:00 PM	Ann Berube	ABerube@ppal.net	RSVP at parentsupportgroup@ppal.net Some groups are held at Dunn Park in the summer so contact Ann for location
Milford	Caregiver Support Group for Children with Special Needs	Trinity Episcopal Church 17 Congress Street	1st Wednesday 6:00 – 8:00 PM	Cheryl Marino Page	marinoc@youinc.org 508-735-8049	Refreshments & Childcare Provided (Please RSVP if you need child care)
Leominster	Parents of Transition Age Youth	Community Health Link 100 Erdman Way, Leominster	1st Thursday 10:00-11:30am	Ann Berube	ABerube@ppal.net	RSVP at parentsupportgroup@ppal.net
Leominster	Family & Friends Support	Umass Memorial-Health Alliance Hospital Leominster Campus, Simons Building, Guild Conference Room	2nd Wednesday 4:30-6:30pm			
Worcester	Parent/Caregiver Support Group Social	Parent/Professional Advocacy League (PPAL) 40 Southbridge St. Suite 310	1st & 3rd Wednesday 5:00 – 7:00 PM	Kristen Solaras	ksolaras@ppal.net 508-767-9725	RSVP at parentsupportgroup@ppal.net
Worcester	Parent/Grandparent/Caregiver Support (Spanish)	Centro 11 Sycamore Street, Worcester, MA 01608	2nd & 4th Thursdays 10:00 –12:00 PM	Ana Marchan	AMarchan@ppal.net 508-767-9725	RSVP at: parentsupportgroup@ppal.net
Worcester	Transitional Age Youth Parent Support	Kiva /Zia Access Center 209 Shrewsbury Street Worcester, MA 01608	2nd & 4th Wednesday: 5:30 – 7:30 PM	Kathy Ledoux	KLeDoux@ppal.net 508-767-9725	RSVP at parentsupportgroup@ppal.net

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Western Mass Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Agawam	Parent Support	Agawam Public Library 750 Cooper Street	1st Tuesday 11:30 – 12:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	
Amherst	Parent/Caregiver Support Group	The Bridge Family Resource Center 101 University Dr. Suite A3	2nd Wednesday 11:30A – 1p	Margery Jess	mjess@wmtcinfo.org 413-530-5488	Child Care Provided Call a week ahead
Greenfield	Parent/Caregiver Support Group	Salasin Center 474 Main Street	2nd Mondays 6 – 8 PM	Shawna Osman	sosman@wmtcinfo.org 413-530-4593	
Greenfield	Parents of Transitional Age Youth Parent Support Group	21 Mohawk Trail, Greenfield	2nd Wednesdays 6:00 – 8:00PM	Gretchen Emond	gemon@wmtcinfo.org 413-530-4689	
Holyoke	Parent/Grandparent/Caregiver Support (Bilingual)	Holyoke Public Library 250 Chestnut Street	Last Friday 11 – 12:30PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	
North Adams	Parent/Caregiver Support Group	UNO Community Center 157 River St.	2nd Thursday 6-7:30PM	Annamaria Sebastino	asebastino@wmtcinfo.org 413-887-9132	Childcare/transportation Call a week ahead
Springfield	Parent of Transitional Age Youth Support Group	Impact Center (1 st floor) 41 Taylor Street	1st Friday 12:00-1:30PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
Springfield	Padres de Jovenes en edad de Transicion	Impact Center (1 st floor) 41 Taylor Street	Tercer Viernes de cada Mes 10AM-11:30AM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
Springfield	Parent/Caregiver Support Group	Scan 360 Office (2 nd floor) (Entrance on the Left) 11 Wilbraham Road	3rd Friday 12:30 - 1:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	No Child Care Provided
Pittsfield	Parent/Caregiver Support Group	The Conte Community School 200 W. Union Street	4th Thursday 6:00PM-7:30PM	Annamaria Sebastino	asebastino@wmtcinfo.org 413-887-9132	No childcare provided
Ware	Parent/Caregiver Support Group	Hillside Village Community Room 17 Convent Hill Road	11AM-12:30PM	Margery Jess	mjess@wmtcinfo.org 413-530-5488	