

Updated July 2017



Affiliated Parent and Caregiver Support Groups

For more information, contact the Group Leader(s) directly.

The days, times, and locations are subject to change. Please confirm the details with the Group Leader(s).

Parent/Professional Advocacy League (PPAL)
15 Court Square, Suite 660
Boston, MA 02108
617-542-7860
info@ppal.net

Light Blue = Transitional Age Youth Parent Support Group
Light Purple = Father Groups

Light Red = Spanish Speaking Groups
Light Green = Day Groups

Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent Support Group in English	Bay Cove Human Services 66 Canal Street, 5 th floor	Thursdays : 12pm- 1:30pm	Sharon Castro Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Boston	Parent Support Group in Spanish	66 Canal Street, 5 th floor	Fridays 10am-11am	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	Mondays : 6:30 – 8:30pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Cambridge	Weekly Support Groups	Cambridge Innovation Center 1 Broadway Street	1st and 3rd Friday of month : 10:00am – 12:00pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Cambridge	Weekly Support Groups	Maria L Baldwin School 85 Oxford Street	2nd and 4th Friday of month : 6:00pm – 7:30pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Chelsea	Parent Support Group in Spanish	Boys and Girls Club 30 Willow Street	3rd Thursday : 6:15 - 7:30 pm	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Parent Support Group	Bay Cove Early Intervention 105 Victory Road	4 th Wednesday : 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	2 nd Wednesday : 6 - 7:30pm Doors lock at 6:15	Sharon Castro	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
East Boston	Transitional Age Youth - Spanish	East Boston Library 365 Bremen Street	2nd and 4th Fridays 9 - 11am	Consuelo Perez	cperez@ppal.net or info@ppal.net	
Jamaica Plain	Parent Support Group	ABCD 315 Centre St (Rear)	1st and 3rd Mondays 12:00pm – 1:30pm	Theresa McIntyre	kflaherty@baycove.org 617-371-3125	Please contact Kathleen to attend this group
Westwood	Parent Support	Westwood Library Conference Room 660 High Street	Tuesdays 10 – 12pm	Betty Wagner	bwagner@mspcc.org 617-983-5803	
Newton	Weekly Group	West Suburban YMCA Computer Room 276 Church street	Thursdays 10am - 12 Noon	Betty Wagner	bwagner@mspcc.org 617-983-5803	

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Southeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Brockton	Parent Support	Call for Location	3rd Wednesdays 5:30 – 7:30pm	Ashley Francois	brocktonpin@bamsi.org 774-517-7021 508-947-8779 x 210	Please call for information and location
Cape Cod (Falmouth)	Parent Support	Call for Location	2nd Wednesdays 6:30 – 8:30PM	Amy Devitt	amymcdevitt@bamsi.org 774-517-7009 508-947-8779 x 210	Please call for information and location
Fall River	Coffee Group	Call for Location	1st and 3rd Friday 9:00 – 11:00AM	Chelsie Manuel	fallriverpin@bamsi.org 774-517-7011	Please call for information and location
Kingston	Parent Support	Call for Location	2nd and 4th Thursdays 6:00 – 8:00PM	Heather Connor	plymouthpin@bamsi.org 774-517-7008 508-947-8779 x210	Please call for information and location
Middleboro	Fathers Group	Call for Location	2nd Saturday 5:00 – 7:00PM	Chris Bean	christopherbean@bamsi.org 781-626-2209	Please call for information and location
Middleboro	Couples Support Group	Call for Location	Schedule varies 5:00 – 7:00PM	Chris Bean	pin@bamsi.org 781-626-2209	Please call for information and location
Middleboro	Coffee Group	Call for Location	1st Tuesday: 9:30 – 11AM	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Middleboro	Transitional Age Youth Parent Support	Call for Location	3rd Wednesday 6:30-8:30PM	Tresa Salters	ptaypin@bamsi.org 774-517-7007 508-947-8779 x210	Please call for information and location
New Bedford	Coffee Group	Call for Location	2nd Wednesday 6:30-8:30PM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Coffee Group	Call for Location	1st Thursday 9:30 – 11:30AM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Parent Support	Call for Location	4th Wednesday 6:30 – 8:00PM	Tara Freitas	newbedfordpin@bamsi.org 508-947-8779 x 210 774-517-7035	Please call for information and location
Taunton/Attleboro	Parent Support	Call for Location	2nd Thursday 5:30 – 7:00PM	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Taunton/Attleboro	Parent Support	Call for Location	3rd Wednesday 5:30-7:00PM	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Weymouth	Parent Support	Call for Location	2nd and 4th Thursday 5:30 – 7:00PM	Lisa Reddie	quincypin@bamsi.org 774-517-7012 508-947-8779 x 219	Please call for information and location

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Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Salem Ma	Parent Support	Salem YMCA 1 Sewall Street	2nd Fridays 6-8:30pm	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	Please call in advance if interested in attending, RSVP for Childcare.
Beverly	Parent Strong Club	Beverly Athletic Club Reservoir Road	Mondays 9:45 – 11:00AM	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	Exercise group – all ages and abilities
Gloucester	Caregiver Support Group	Pathways for Children Emerson Street	Tuesdays Open door food pantry at 4pm 5:15p-6:30p	Krissie Burnham	kburnham@eliotchs.org 781-860-3717	RSVP for Childcare
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	3rd Thursday: 6:00 – 8:00PM	Barbara Peters	bpeters@eliotchs.org 978-373-1126 ext 5310	Please register
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	1st and 3rd Tuesday: 6:00 – 8:00PM	Barbara Peters	bpeters@eliotchs.org 978-373-1126 ext 5310	Please register
Haverhill	Transitional Age Youth Parent Support	Haverhill YMCA Children's Learning Center 87 Winter Street	4th Tuesday: 6:00 – 8:00PM	Carol Bisgrove	cbisgrove@ppal.net 978-891-4097	Light Refreshments Served Please RSVP if possible
Haverhill	Transitional Age Youth Parent Support	Rehoboth Lighthouse Church 409 Washington Street	2nd Wednesday: 10:30 – 12:30PM	Carol Bisgrove	cbisgrove@ppal.net 978-891-4097	Light Refreshments Served Please RSVP if possible
Lowell	Parent Support	Call for Location	2nd and 4th Tuesdays: 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided Limited Child Care
Lowell	Transitional Age Youth Parent Support	Call for Location	1st and 3rd Tuesdays: 6:00 – 7:45PM	Nancy Collier	ncollier@eliotchs.org 508-668-5739	Food is provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Boulevard	Fridays 6:00 – 8:00PM	Dalene Basden	dbasden@eliotchs.org 781-775-0708	Call first to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth Street	2nd and 4th Wednesdays: 6:15 – 7:45PM	Martha Cregan	mcregan@eliotchs.org 508-688-5671	RSVP for childcare and support group
Wakefield	Parent Support	Horizon House 78 Water Street	1st and 3rd Tuesday 6:30pm onward	Martha Cregan	mcregan@eliotchs.org 508-688-5671	Register by email

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Metro Suburban Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support 88 Lincoln Street	1st and 3rd Mondays: 10 – 11:30 AM	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	
Framingham	Sibling Club (6 – 12 yrs old for siblings of a child with mental health needs)	Wayside Youth & Family Support 88 Lincoln Street	Runs in Fall/Spring New for Spring 2017!	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	Pre-Registration Required Get information through Ann Killion
Framingham	Transitional Age Youth Parent Support	Wayside Youth & Family Support 88 Lincoln Street	Last Wednesday: 6 – 7:30 PM	Ann Killion	ann_killion@waysideyouth.org 508-469-3207	
Waltham	Wayside Youth & Family Support Network	118 Central Street, Waltham	Typically 2nd and 4th Mondays 10:30 – 12:30 PM Typically 3 rd Monday Evening	Kelly Daron	kelly_daron@waysideyouth.org 781-966-5660	Please call before to confirm time of meeting

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Central Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Gardner	Family Support	You Inc Counseling Center 205 School Street	Every Thursday: 10 – 11:30 AM	Ann Berube	berubea@youinc.org 978-630-4918 ext. 32	
Gardner	Family Support	You Inc Counseling Center 205 School Street	Every Thursday: 6:30 – 8:00 PM	Ann Berube	berubea@youinc.org 978-630-4918 ext. 32	
Milford	Caregiver Support Group for Children with Special Needs	Trinity Episcopal Church 17 Congress Street	1st and 3rd Wednesdays: 6:00 – 8:00 PM	AnneMarie Rivers or Cheryl Marino	marinoc@youinc.org 508-735-8049	Pizza + Childcare Provided (Please RSVP if need child care) ASL interpreters each time Sylvie Dugas, Dugas & Dugas Advisors on Facebook
Leominster	Family & Friends Support	Umass Memorial-Health Alliance Hospital Leominster Campus, Simons Building, Guild Conference Room 60 Hospital Road, Leominster	2nd Wednesday: 4:30-6:30pm	Beth Pond	bpond@ppal.net 508-767-9725	RSVP at parentsupportgroup@ppal.net
Sterling	Transitional Age Youth Parent Support	InSync Communication Center 1 Beverly Drive (Route 12)	1st and 3rd Wednesdays: 6:00 – 8:00 PM	Anne Hurst	ahurst@ppal.net parentsupportgroup@ppal.net	
Worcester	Parent/Caregiver Support	Guild of St. Agnes 129 Granite Street	2nd and 4th Thursdays: 5:30 – 7:30 PM	Kristen Solaras	ksolaras@ppal.net 508-767-9725	Limited childcare available for children 4+ (Please RSVP for child care)
Worcester	Parent/Grandparent/Caregiver Support (Spanish)	Centro Las Americas 11 Sycamore Street, Worcester, Ma. 01608	1st and 3rd Wednesdays: 6:00 – 7:30 PM	Ana Marchan	amarchan@ppal.net 508-767-9725	RSVP at: parentsupportgroup@ppal.net
Worcester	Fathers Group	Parent Professional Advocacy League (PPAL) 40 Southbridge Street, Suite 310	2nd and 4th Wednesdays: 6:00 – 7:30 PM	No summer meetings Call or email for startup date	508-767-9725	Questions? parentsupportgroup@ppal.net

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Western Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Agawam	Parent Support	Agawam Public Library 750 Cooper Street	1st Tuesday 11:30 – 12:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	No Child Care Provided
Amherst	Parent Support	The Bridge Family Resource Center 101 University Dr. Suite A3	2nd Wednesday 11:30A – 1p	Margery Jess	mjess@wmtcinfo.org 413-530-5488	Child Care provided, Call ahead
Greenfield	Parent Support	Salasin Center 474 Main Street	2nd Mondays 6 – 8 PM	Shawna Osman	sosman@wmtcinfo.org 413-530-4593	Child care provided with RSVP
Greenfield	Transitional Age Youth Parent Support	21 Mohawk Trail, Greenfield	2nd Wednesdays 6:00 – 8:00PM	Gretchen Emond	gemond@wmtcinfo.org 413-530-4689	No Child Care Provided
Holyoke	Parent/Grandparent/ Caregiver Support (Spanish)	Holyoke Public Library 250 Chestnut Street	Last Friday 11 – 12:30PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
Springfield	Parent/Grandparent/ Caregiver Support	Baystate Medical Associates 3300 Main Street	3rd Tuesdays 6:45 – 8:00PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
Springfield	Parent/Grandparent/ Caregiver Support (Spanish)	Gandara Family Resource Center 18 Gaucher Street	Last Wednesday 10 – 12:00PM	Cynthia Santiago	csantiago@wmtcinfo.org 413-218-5055	No Child Care Provided
Springfield	Parent Support	Scan 360 Office (2 nd floor) (Entrance on the Left) 11 Wilbraham Road	3rd Friday 12:30 - 1:45PM	Jan Lamberg	jlamberg@wmtcinfo.org 413-387-7161	No Child Care Provided
Springfield	Parent Support (Spanish)	Springfield Community Access Network 11 Wilbraham Road	2nd and 4th Tuesdays (daytime)	Emma Febo		
Ware	Parent Support	Hillside Village Apartments Community Room 17 Convent Hill Road	1st Wednesday 11:00 – 12:30PM	Margery Jess	mjess@wmtcinfo.org 413-530-5488	No Child Care Provided