

Updated May 31, 2017



## **Affiliated Parent and Caregiver Support Groups**

**For more information, contact the Group Leader(s) directly.**

**The days, times, and locations are subject to change. Please confirm the details with the Group Leader(s).**

Parent/Professional Advocacy League (PPAL)  
15 Court Square, Suite 660  
Boston, MA 02108  
617-542-7860  
info@ppal.net

**Light Blue** = Transitional Age Youth Parent Support Group  
**Light Purple** = Father Groups

**Light Red** = Spanish Speaking Groups  
**Light Green** = Day Groups

## Boston Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Boston	Parent Support Group in English	Bay Cove Human Services 66 Canal Street, 5 <sup>th</sup> floor	<b>Thursdays</b> : 12pm- 1:30pm	Sharon Castro Theresa McIntyre	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Boston	Parent Support Group in Spanish	66 Canal Street, 5 <sup>th</sup> floor	2nd & 4th <b>Friday</b> of month: 12-1 pm	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	<b>Mondays</b> : 6:30 – 8:30pm	Betty Wagner	<a href="mailto:bwagner@eliotchs.org">bwagner@eliotchs.org</a> <a href="tel:617-983-5803">617-983-5803</a>	
Cambridge	Weekly Support Groups	Cambridge Innovation Center 1 Broadway Street	<b>1<sup>st</sup> and 3<sup>rd</sup> Friday of month</b> : 10:00am – 12:00pm	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Cambridge	Weekly Support Groups	Maria L Baldwin School 85 Oxford Street	<b>2nd and 4th Friday of month</b> : 6:00pm – 7:30pm	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Chelsea	Parent Support Group in Spanish	Boys and Girls Club 30 Willow Street	<b>3rd Thursday</b> : 6:15 - 7:30 pm	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Dorchester	Parent Support Group	Bay Cove Early Intervention 105 Victory Road	4th <b>Wednesday</b> : 6 - 7:30pm Doors lock at 6:15	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd <b>Wednesday</b> : 6 - 7:30pm Doors lock at 6:15	Sharon Castro	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
East Boston	Transitional Age Youth - Spanish	East Boston Library 365 Bremen Street	<b>2nd and 4th Fridays</b> 9 - 11am	Consuelo Perez	cperez@ppal.net or info@ppal.net	
Jamaica Plain	Parent Support Group	ABCD 315 Centre St (Rear)	<b>1<sup>st</sup> and 3rd Mondays</b> 12:00pm – 1:30pm	Theresa McIntyre	<a href="mailto:kflaherty@baycove.org">kflaherty@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please contact Kathleen to attend this group
Westwood	Parent Support	Westwood Library Conference Room 660 High Street	<b>Tuesdays</b> 10 - 11:30 am	Betty Wagner	<a href="mailto:bwagner@eliotchs.org">bwagner@eliotchs.org</a> <a href="tel:617-983-5803">617-983-5803</a>	
Weymouth	Weekly Group	Tufts Library Jones Room 46 Broad Street	<b>Fridays</b> : 10am - 12 Noon	Betty Wagner	<a href="mailto:bwagner@eliotchs.org">bwagner@eliotchs.org</a> <a href="tel:617-983-5803">617-983-5803</a>	

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## Southeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Brockton	Parent Support	Call for Location	<b>1<sup>st</sup> and 3<sup>rd</sup> Wednesdays</b> <b>5:30 – 7:30pm</b>	Ashley Francois	<a href="mailto:brocktonpin@bamsi.org">brocktonpin@bamsi.org</a> 774-517-7021 508-947-8779 x 210	Please call for information and location
Cape Cod (Falmouth)	Parent Support	Call for Location	<b>1<sup>st</sup> Wednesdays</b> <b>6:30 – 8:30PM</b>	Amy Devitt	<a href="mailto:amymcdevitt@bamsi.org">amymcdevitt@bamsi.org</a> 774-517-7009 508-947-8779 x 210	Please call for information and location
Fall River	Coffee Group	Call for Location	<b>1<sup>st</sup> and 3<sup>rd</sup> Friday</b> <b>9:00 – 11:00AM</b>	Chelsie Manuel	<a href="mailto:fallriverpin@bamsi.org">fallriverpin@bamsi.org</a> 774-517-7011	Please call for information and location
Kingston	Parent Support	Call for Location	<b>2<sup>nd</sup> and 4<sup>th</sup> Thursdays</b> <b>6:00 – 8:00PM</b>	Heather Connor	<a href="mailto:plymouthpin@bamsi.org">plymouthpin@bamsi.org</a> 774-517-7008 508-947-8779 x210	Please call for information and location
Middleboro	Fathers Group	Call for Location	<b>2<sup>nd</sup> Saturday</b> <b>5:00 – 7:00PM</b>	Chris Bean	<a href="mailto:christopherbean@bamsi.org">christopherbean@bamsi.org</a> 781-626-2209	Please call for information and location
Middleboro	Couples Support Group	Call for Location	<b>Schedule varies</b> <b>5:00 – 7:00PM</b>	Chris Bean	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> 781-626-2209	Please call for information and location
Middleboro	Transitional Age Youth Parent Support	Call for Location	<b>3<sup>rd</sup> Wednesdays</b> <b>4:30 – 8:30PM</b>	Tresa Salters	<a href="mailto:ptaypin@bamsi.org">ptaypin@bamsi.org</a> 774-517-7007 508-947-8779 x210	Please call for information and location
Middleboro	Coffee Group	Call for Location	<b>1<sup>st</sup> Tuesday:</b> <b>9:30 – 11AM</b>	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Middleboro	Transitional Age Youth Parent Support	Call for Location	<b>3<sup>rd</sup> Wednesday</b> <b>6:30-8:30PM</b>	Tresa Salters	<a href="mailto:ptaypin@bamsi.org">ptaypin@bamsi.org</a> 774-517-7007 508-947-8779 x210	Please call for information and location
New Bedford	Coffee Group	Call for Location	<b>2<sup>nd</sup> Wednesday</b> <b>6:30-8:00PM</b>	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Coffee Group	Call for Location	<b>1<sup>st</sup> Thursday</b> <b>9:30 – 11:30AM</b>	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> 508-947-8779 x 210 774-517-7035	Please call for information and location
New Bedford	Parent Support	Call for Location	<b>4<sup>th</sup> Wednesday</b> <b>6:30 – 8:00PM</b>	Tara Freitas	<a href="mailto:newbedfordpin@bamsi.org">newbedfordpin@bamsi.org</a> 508-947-8779 x 210 774-517-7035	Please call for information and location
Taunton/Attleboro	Parent Support	Call for Location	<b>2<sup>nd</sup> Thursday</b> <b>5:30 – 7:00PM</b>	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Taunton/Attleboro	Parent Support	Call for Location	<b>3<sup>rd</sup> Wednesday</b> <b>5:30-7:00PM</b>	Christine Rivers	tauntonpin@bamsi.org 774-517-7010	Please call for information and location
Weymouth	Parent Support	Call for Location	<b>2<sup>nd</sup> and 4<sup>th</sup> Thursday</b> <b>5:30 – 7:00PM</b>	Lisa Reddie	quincypin@bamsi.org 774-517-7012 508-947-8779 x 219	Please call for information and location

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## Northeast Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Beverly	Parent Support	North Shore Educational Consortium Family Center, 3 <sup>rd</sup> Floor 112 Sohier Road	<b>Last Wednesday of Month (only during school year)</b> <b>9:30 – 11:00AM</b>	Krissie Burnham	<a href="mailto:kburnham@eliotchs.org">kburnham@eliotchs.org</a> 781-860-3717	Please call in advance if interested in attending
Beverly	Parent Strong Club	Salem YMCA 1 Sewall Street	<b>Mondays (only during school year)</b> <b>9:45 – 11:00AM</b>	Krissie Burnham	<a href="mailto:kburnham@eliotchs.org">kburnham@eliotchs.org</a> 781-860-3717	Exercise group – all ages and abilities
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	<b>3<sup>rd</sup> Thursday:</b> <b>6:00 – 8:00PM</b>	Barbara Peters	<a href="mailto:bpeters@eliotchs.org">bpeters@eliotchs.org</a> 978-373-1126 ext 5310	Please register
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	<b>1<sup>st</sup> and 3<sup>rd</sup> Tuesday:</b> <b>6:00 – 8:00PM</b>	Barbara Peters	<a href="mailto:bpeters@eliotchs.org">bpeters@eliotchs.org</a> 978-373-1126 ext 5310	Please register
Haverhill	Transitional Age Youth Parent Support	Haverhill YMCA Children's Learning Center 87 Winter Street	<b>4th Tuesday:</b> <b>6:00 – 8:00PM</b>	Carol Bisgrove	<a href="mailto:cbisgrove@ppal.net">cbisgrove@ppal.net</a> 978-891-4097	Light Refreshments Served Please RSVP if possible
Haverhill	Transitional Age Youth Parent Support	Rehoboth Lighthouse Church 409 Washington Street	<b>2<sup>nd</sup> Wednesday:</b> <b>10:30 – 12:30PM</b>	Carol Bisgrove	<a href="mailto:cbisgrove@ppal.net">cbisgrove@ppal.net</a> 978-891-4097	Light Refreshments Served Please RSVP if possible
Lowell	Parent Support	Call for Location	<b>2<sup>nd</sup> and 4<sup>th</sup> Tuesdays:</b> <b>6:00 – 7:45PM</b>	Nancy Collier	<a href="mailto:ncollier@eliotchs.org">ncollier@eliotchs.org</a> 508-668-5739	Food is provided Limited Child Care
Lowell	Transitional Age Youth Parent Support	Call for Location	<b>1<sup>st</sup> and 3<sup>rd</sup> Tuesdays:</b> <b>6:00 – 7:45PM</b>	Nancy Collier	<a href="mailto:ncollier@eliotchs.org">ncollier@eliotchs.org</a> 508-668-5739	Food is provided
Lynn	Parent Support	Lynn YMCA 20 Neptune Boulevard	<b>Fridays</b> <b>6:00 – 8:00PM</b>	Dalene Basden	<a href="mailto:dbasden@eliotchs.org">dbasden@eliotchs.org</a> 781-775-0708	Call first to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth Street	<b>2<sup>nd</sup> and 4<sup>th</sup> Wednesdays:</b> <b>6:15 – 7:45PM</b>	Martha Cregan	<a href="mailto:mcregan@eliotchs.org">mcregan@eliotchs.org</a> 508-688-5671	RSVP for childcare and support group
Salem	Family Support	Salem YMCA 1 Sewall Street	<b>2<sup>nd</sup> Friday: (meets year round)</b>	Krissie Burnham	<a href="mailto:kburnham@eliotchs.org">kburnham@eliotchs.org</a> 781-860-3717	Supper, swimming, and child care provided
Wakefield	Parent Support	Horizon House 78 Water Street	<b>1<sup>st</sup> and 3<sup>rd</sup> Tuesday</b> <b>6:30pm onward</b>	Martha Cregan	<a href="mailto:mcregan@eliotchs.org">mcregan@eliotchs.org</a> 508-688-5671	Register by email

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## Metro Suburban Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Framingham	Parent Support	Wayside Youth & Family Support 88 Lincoln Street	<b>1st and 3<sup>rd</sup> Mondays: 10 – 11:30 AM</b>	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  508-469-3207	
Framingham	Sibling Club (6 – 12 yrs old for siblings of a child with mental health needs)	Wayside Youth & Family Support 88 Lincoln Street	<b>Runs in Fall/Spring New for Spring 2017!</b>	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  508-620-0010 x 194	Pre-Registration Required  Get information through Ann Killion
Framingham	Transitional Age Youth Parent Support	Wayside Youth & Family Support Tempo	<b>Last Wednesday: 6 – 7:30 PM</b>	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a>  508-620-0010 x 194	
Waltham	Wayside Youth & Family Support Network	118 Central Street, Waltham	<b>Typically 2<sup>nd</sup> and 4<sup>th</sup> Mondays 10:30 – 12:30 PM</b>  Typically 3 <sup>rd</sup> Monday Evening	Kelly Daron	<a href="mailto:kelly_daron@waysideyouth.org">kelly_daron@waysideyouth.org</a>  781-966-5660	Please call before to confirm time of meeting

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## Central Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Gardner	Family Support	You Inc Counseling Center 205 School Street	<b>Every Thursday: 10 – 11:30 AM</b>	Ann Berube	<a href="mailto:berubea@youinc.org">berubea@youinc.org</a> 978-630-4918 ext. 32	
Gardner	Family Support	You Inc Counseling Center 205 School Street	<b>Every Thursday: 6:30 – 8:00 PM</b>	Ann Berube	<a href="mailto:berubea@youinc.org">berubea@youinc.org</a> 978-630-4918 ext. 32	
Milford	Caregiver Support Group for Children with Special Needs	Trinity Episcopal Church 17 Congress Street	<b>1st and 3<sup>rd</sup> Wednesdays: 6:00 – 8:00 PM</b>	AnneMarie Rivers or Cheryl Marino	<a href="mailto:marinoc@youinc.org">marinoc@youinc.org</a> 508-735-8049	Pizza + Childcare Provided (Please RSVP if need child care)  ASL interpreters each time  Sylvie Dugas, Dugas & Dugas Advisors on Facebook
Sterling	Transitional Age Youth Parent Support	InSync Communication Center 1 Beverly Drive (Route 12)	<b>1st and 3<sup>rd</sup> Wednesdays: 6:00 – 8:00 PM</b>	Anne Hurst	<a href="mailto:ahurst@ppal.net">ahurst@ppal.net</a> <a href="mailto:parentsupportgroup@ppal.net">parentsupportgroup@ppal.net</a>	
Worcester	Parent/Caregiver Support	Guild of St. Agnes 129 Granite Street	<b>2nd and 4<sup>th</sup> Thursdays: 5:30 – 7:30 PM</b>	Anne Hurst	<a href="mailto:ahurst@ppal.net">ahurst@ppal.net</a> 508-767-9725	Limited childcare available for children 4+  (Please RSVP for child care)
Worcester	Parent/Grandparent/ Caregiver Support (Spanish)	Centro Las Americas 11 Sycamore Street, Worcester, Ma. 01608	<b>1st and 3<sup>rd</sup> Wednesdays: 6:00 – 7:30 PM</b>	Ana Marchan	<a href="mailto:amarchan@ppal.net">amarchan@ppal.net</a> 508-767-9725	RSVP at: <a href="mailto:parentsupportgroup@ppal.net">parentsupportgroup@ppal.net</a>
Worcester	Fathers Group	Parent Professional Advocacy League (PPAL) 40 Southbridge Street, Suite 310	<b>2nd and 4<sup>th</sup> Wednesdays: 6:00 – 7:30 PM</b>	Josh Schram	508-767-9725 ext. 206	RSVP at: <a href="mailto:parentsupportgroup@ppal.net">parentsupportgroup@ppal.net</a>

## Western Area

Town	Group	Location	Day and Time	Group Leader	Contact Information	Other Details
Agawam	Parent Support	Agawam Public Library 750 Cooper Street	<b>1<sup>st</sup> Tuesday</b> <b>11:30 – 12:45PM</b>	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> 413-536-2401 ext 3002	
Amherst	Parent Support	Bangs Community Center Boltwood Walk	<b>3<sup>rd</sup> Wednesday</b> <b>6:30 – 8:30PM</b>	Margery Jess Reid	<a href="mailto:mjess@wmtcinfo.org">mjess@wmtcinfo.org</a> 413-530-5488	
Greenfield	Parent Support	Salasin Center 474 Main Street	<b>6 – 8 PM</b>	Shawna Osman	sosman@wmtcinfo.org 413-530-4593 413-774-1000 ext 2078	Child care provided with RSVP
Greenfield	Transitional Age Youth Parent Support	13 Prospect Street, Greenfield	<b>2<sup>nd</sup> Wednesdays</b> <b>6:00 – 8:00PM</b>	Gretchen Emond	gemond@wmtcinfo.org 413-774-1000 ext 2080	
Holyoke	Parent/Grandparent/ Caregiver Support (Spanish)	Holyoke Public Library 250 Chestnut Street	<b>Last Friday</b> <b>11 – 12:30PM</b>	Cynthia Santiago	<a href="mailto:csantiago@wmtcinfo.org">csantiago@wmtcinfo.org</a> 413-218-5055	
Springfield	Parent/Grandparent/ Caregiver Support	Baystate Medical Associates 3330 Main Street	<b>3<sup>rd</sup> Tuesdays</b> <b>6:30 – 8:00PM</b>	Cynthia Santiago	<a href="mailto:csantiago@wmtcinfo.org">csantiago@wmtcinfo.org</a> 413-218-5055	No Child Care Provided
Springfield	Parent/Grandparent/ Caregiver Support (Spanish)	Springfield Family Resource Center 18 Gaucher Street	<b>Last Wednesday</b> <b>10 – 12:00PM</b>	Cynthia Santiago	<a href="mailto:csantiago@wmtcinfo.org">csantiago@wmtcinfo.org</a> 413-218-5055	
Springfield	Parent Support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	<b>3<sup>rd</sup> Friday</b> <b>12:30 - 1:45PM</b>	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> 413-536-2401 ext 3002	
Springfield	Parent Support (Spanish)	Springfield Community Access Network 11 Wilbraham Road	<b>2<sup>nd</sup> and 4<sup>th</sup> Tuesdays</b> <b>(daytime)</b>	Emma Febo		
Ware	Parent Support	Hillside Village Apartments Community Room 17 Convent Hill Road	<b>1<sup>st</sup> Wednesday</b> <b>11:00 – 12:30PM</b>	Margery Jess Reid	<a href="mailto:mjess@wmtcinfo.org">mjess@wmtcinfo.org</a> 413-530-5488	