

# **Achieving a child's hopes and dreams through mental wellness**



[www.ppal.net](http://www.ppal.net)



**Putting Together our Hopes & Dreams**

# Children's Mental Health Week

## May 7-May 13 2017



## Putting Together Our Hopes & Dreams

Putting together a child's hopes and dreams starts with mental health and family resilience.

Together we can work to end stigma and help children achieve their dreams.

To learn more, go to [www.ppal.net](http://www.ppal.net)

