



A Month of Facts about Children's Mental Health



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1. 1 in 10 children have a mental health problem; 2 in 10 have a problem severe enough to interfere with everyday life.	2. In the U.S., an estimated 3.4 of every 1,000 children 3-10 years old has autism.	3. More than 3 million children have attention deficit hyperactivity disorder in the U.S.	4. As many as 1 in every 33 children may have clinical depression.	5. Suicide is the third leading cause of death for 15-24 year olds; this rate has tripled since the 1960s..	6. Youths aged 11-17 in military families show higher emotional and behavioral problems than general pop.	7. Major depression affects about 1 in 12 youth, and of them, 1 in 14 will commit suicide.
8. 1900 children from military families have a wounded parent and 2200 have lost a parent.	9. Almost 1/3 of 6-12 year old children with major depression will develop bipolar disorder.	10. 66% of boys and 75% of girls in juvenile facilities have at least one diagnosable mental health problem.	11. 5 0% of children involved in child welfare have mental health problems.	12. Hispanic and Black adolescents are less likely to receive services for mood and anxiety disorders.	13. As many as 50% of children with ADHD are never diagnosed.	14. Youth aging out of foster care are more likely to drop out of school, and become homeless.
15. Fewer than 1 in 5 adolescents with anxiety, eating, or substance abuse disorders receive treatment.	16. Less than half of the children with mental health needs will receive treatment.	17. As many as 1 in 10 children may have an anxiety disorder, making it the most common mental health problem.	18. Adolescents with mental health problems have the highest rates of high school drop-outs.	19. Children from military families report that the only constant in their lives are family and furniture.	20. An estimate of 5-10 million girls and 1 million boys have eating disorders.	21. Schizophrenia affects 1 in 40,000 children under the age of 12.
22. Children with a family history of depression are at a greater risk of experiencing depression themselves.	23. Adolescents with mental health problems have the lowest rates of employment .	24. 32% of children in military families scored as "high risk" for child psychosocial morbidity	25. Anywhere from 15-20% of children with ADHD also have a specific learning disability.	26. In 2005, 27 out of every 1000 preschoolers were expelled from day care centers because of behavioral problems.	27. The most studied, diagnosed, and treated childhood mental health problem is ADHD.	28. For every older teen and young adult who takes his own life, 100-200 of their peers attempt suicide.
29. Children involved in public systems are at a higher risk for traumatic exposure and post traumatic stress disorder.	30. 50% of all mental health problems begin by age 14, and 75% of mental health problems begin by age 24.	31. If your family needs information, support, or advocacy, call PPAL at 617-542-7860 or visit us at www.ppal.net .				