



**Children's Mental Health Week  
Proclamation 2022**

**Whereas**, good mental health is a key component in a child's healthy development and Children's Mental Health Week provides the opportunity to focus on this important matter, while celebrating the accomplishments of children and families affected by mental health concerns; and

**Whereas**, according to the United States Department of Health and Human Services, one in five children is diagnosed with a mental health condition: and

**Whereas**, research has shown early identification and appropriate treatment of mental health disorders among children and adolescents provide them better opportunities to lead full and productive lives; and

**Whereas**, children and youth with mental health problems and their families benefit from access to timely services and supports that are family-driven, youth-guided and culturally appropriate; they also benefit from the integration of behavioral health in primary care, education, and child welfare; and

**Whereas**, it is important that children and adolescents, along with their families and communities, learn about warning signs of mental health disorder and where to obtain necessary assistance and treatment; and

**Whereas**, the involvement and partnership of family members in the care and treatment of children and youth is essential to positive outcomes; and

**Whereas**, Children's Mental Health Week was developed by families of children with emotional, behavioral and mental health needs, to focus on the needs of their children and families; in celebrating this year's theme: "Action Changes Things" it is fitting to increase public awareness among all Massachusetts citizens of this important issue; and

**Whereas**, obtaining a full and accurate diagnosis of a child requires gathering information from diverse sources, including the family, school and others involved with the child; and

**Now, Therefore**, I Jeannette A. McCarthy, Mayor of the City of Waltham, do hereby proclaim May 1st - 7th, 2022 as

**CHILDREN'S MENTAL HEALTH AWARENESS WEEK**

*Jeannette A. McCarthy, Mayor*