



Weekly



Parent Support Groups



Mondays (5-7PM) on Zoom
Parents of Transition Aged Youth



Martes (10am-12PM) Zoom
Grupo de Apoyo Hispano

Tuesdays (5-7 PM) in Winchendon & on Zoom
North Central MA Family Support



Wednesdays (11:30 AM - 1:30 PM) on Zoom
Parent Support Group

Wednesdays (6-8 PM) on Zoom
Parents of Transition Aged Youth



Monthly First Thursday (5:30-7 PM) on Zoom
Sibling Support Program ***Pre-Registration Required***

Monthly 2nd Thursday (1-2PM) on Zoom
Grandparents Connections



Monthly 4th Thursday (6:30-8:30PM) on Zoom
Grandparents Connections

Thursdays (6-8 PM) on Zoom
Parent Support Group



Fridays (9:30-11:30 AM) on Zoom
Coffee and Connections

Every Other Friday (6:30-8:30 PM) in person
Support Group for Lynn Families (Children Welcome!)
Pre-Registration Required



No sign up required for most groups.

For more information & links , please visit:

PPAL.net/events