



PPAL'S 13TH ANNUAL Children's Mental Health CONFERENCE

FRIDAY, MAY 31, 2024
PATHWAYS TO SOCIAL JUSTICE

Keynote Speaker Nieisha Deed



Nieisha Deed is a powerful emerging voice and leader in the mental health and wellness space in Boston and is working fiercely to advocate for mental wellness in Boston's Black community. She is the visionary and creator behind PureSpark. As a person living with bipolar disorder, Nieisha understands all too well how important access to holistic support services and community are to one's mental wellness. As a Black woman, Nieisha is a community builder and disruptor in the mental health and wellness space. She is dismantling the walls of silence by raising awareness about mental illness and wellness, not just through PureSpark, but with speaking engagements and facilitated events, where she shares her personal story as a Black woman living with a mental illness.

Because the Black community has historically been left out of the conversations about mental health and wellness, Nieisha feels that it's vital to share her personal experience and voice with her community. Through her leadership, Nieisha shatters the shame around mental illnesses, creates access to mental health support, and shows us that healing is possible.



info@yourpurespark.com



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