## Children's Mental Health Week MAY 5-11, 2024



## PATHWAYS TO SOCIAL JUSTICE

## Legislative Advocacy!

Your voice really makes a difference in local issues!

- Learn more about issues that are important to you! Subscribe to organizations who report out on legislative updates or register for PPAL's Conference!
- Remember this classic? Watch School House Rock's explanation of how bills become laws! <u>https://www.youtube.com/watch?v=OgVKvqTItto</u>
- Find current bills here: <u>https://malegislature.gov/Bills/Search</u>
- Contact your State Senator and Representative. Look up yours here: <u>https://malegislature.gov/Search/FindMyLegislator</u>
- Ask your legislators to support the bills that are important to you and your family. Legislators don't need hundreds of requests to support bills- just a few from their community let them know how important it is.
- Check out Parent Advisory Councils or Committees you can join throughout the state!

## **Educational Advocacy**

Want to get more involved in your child's school?

- Learn more about Special Education Parent Advisory Councils! <u>https://fcsn.org/masspac/</u>
- Connect to your local School Committee or learn more about them with MASC (Massachusetts Association of School Committees) <u>https://www.masc.org/</u>
- Join your local Parent/Teacher Organization: <u>https://www.massachusettspta.org/</u>

Download PPAL's Children's Mental Health Month Toolkit

Visit PPAL.net to learn more

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