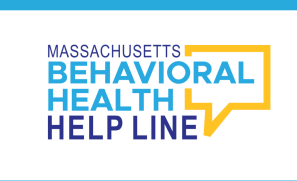




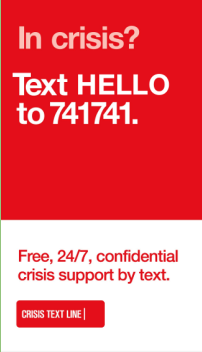




NEED HELP DURING A CRISIS? Who should families call during a mental health crisis?

WHEN there is an IMMEDIATE DANGER of harm to your child, yourself, or others or access to a gun or other weapon, CALL 911.						
A FAMILY CAN BE IN CRISIS AND NOT NEED TO CALL 911. There are several options. All offer 24/7 support. Which best meets your needs? All are free and confidential**.						
Massachusetts All Mental Health Needs, including crisis support	Massachusetts Substance Use Support	National Mental Health and Crisis support for LGBTQIA+ youth		National Crisis and Suicide Prevention Support For you or someone you know		
 <p>Call or text now 833-773-2445 Visit masshelpline.com to chat</p> <p>https://www.masshelpline.com/ Chat and text: 833-733-2445 All languages available</p>	 <p>HOPE IS HERE.</p> <p>For personalized information, support, and a link to services, call us confidentially: 800.327.5050 Interpreter services available.</p> <p>Or visit us online at: HelplineMA.org</p> <p>https://helplinema.org/</p>	 <p>Call: 866-488-7386 Chat: 24/7 Suicide Hotline for LGBTQ Youth - We're here for you Now Text: 678-678</p>		 <p>U.S. hotline 877-565-8860 Support and crisis support</p> <p>https://translifeline.org/hotline/</p>	 <p>Call or text 988 or chat 988lifeline.org</p> <p>Multiple languages available</p>	 <p>In crisis? Text HELLO to 741741.</p> <p>Free, 24/7, confidential crisis support by text.</p> <p>https://www.crisistextline.org/ Has Spanish text time</p>
**Some hotlines MAY contact a non-consensual intervention (usually police) if hotline staff presume there is an immediate risk of suicide.						
		Hotline will not call police				
	Massachusetts SafeLink is a statewide domestic violence hotline Call: 877-785-2020 or Chat: https://casamyrna.org/chat/	 <p>Free help for families whose children have emotional, behavioral & mental health needs in Massachusetts.</p> <p>PPAL (Parent Professional Advocacy League) request support here: 866-815-8122 or https://ppal.net/ Youth Move Massachusetts here: https://youthmovemassachusetts.net/</p>				