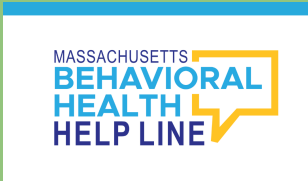
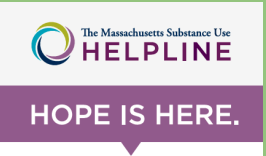


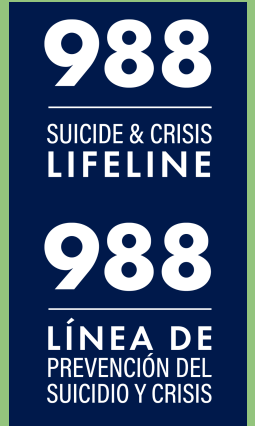
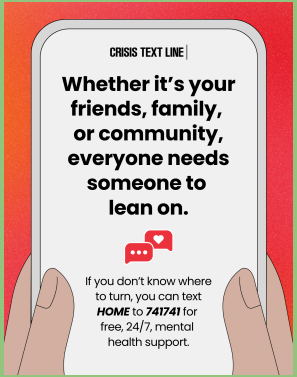



NEED HELP DURING A CRISIS? Who should families call during a mental health crisis?

WHEN there is an IMMEDIATE DANGER of harm to your child, yourself, or others or access to a gun or other weapon, CALL 911.							
A FAMILY CAN BE IN CRISIS AND NOT NEED TO CALL 911. There are several options. All offer 24/7 support. Which best meets your needs? All are free and confidential**.							
Massachusetts All Mental Health Needs, including crisis support	Massachusetts Substance Use Support	National Mental Health and Crisis support for LGBTQIA+ youth		National Crisis and Suicide Prevention Support for you or someone you know			
 <p style="text-align: center;"> Call or text now 833-773-2445 Visit masshelpline.com to chat </p> <p> https://www.masshelpline.com/ </p> <p style="text-align: center;">All languages available</p>	 <p style="text-align: center;"> HOPE IS HERE. For personalized information, support, and a link to services, call us confidentially: 800.327.5050 Interpreter services available. </p> <p style="text-align: center;"> Or visit us online at: HelplineMA.org </p> <p style="text-align: right; font-size: small;">IRI203</p> <p> https://helplinema.org/ </p>	 <p> Call: 866-488-7386 Chat: 24/7 Suicide Hotline for LGBTQ Youth - We're here for you Now Text: 678-678 </p>		 <p style="text-align: center;"> U.S. hotline 877-565-8860 Support and crisis support </p> <p> https://translifeline.org/hotline/ </p>		 <p style="text-align: center;"> Call or text 988 or chat 988lifeline.org </p>	 <p> https://www.crisistextline.org/ Simply text HOME or HOLA to 741741 to reach a live volunteer Crisis Counselor. </p>
**Some hotlines MAY contact a non-consensual intervention (usually police) if hotline staff presume there is an immediate risk of suicide.							
				Trans Lifeline hotline will not call police			
Massachusetts SafeLink is a statewide domestic violence hotline Call: 877-785-2020 or Chat: https://casamyrna.org/chat/	 <p style="text-align: center;"> PPAL Parent/Professional Advocacy League, Inc. </p>		Free help for families whose children have emotional, behavioral & mental health needs in Massachusetts. PPAL (Parent Professional Advocacy League) request support here: 866-815-8122 or https://ppal.net/ Youth Move Massachusetts here: https://youthmovemassachusetts.net/				