

**Book
Our
Training!**



PRE-PLANNING FOR A MENTAL HEALTH CRISIS: THE ROAD TO READINESS

Planning ahead for a mental health emergency can help make a difficult situation less stressful. PPAL provides a step-by-step guide with tools, resources, and strategies in order to help families be well-prepared for a mental health crisis involving their children.

**Sept. 15
12:00 - 2:00 PM
on Zoom**

REGISTER NOW!

<https://bit.ly/precrisis-915>

or scan to see all events:



ABOUT PARENT/PROFESSIONAL ADVOCACY LEAGUE

The Parent/Professional Advocacy League, Inc. (PPAL) is a statewide family organization dedicated to improving the mental health and well being of children, youth and families through support, education, and advocacy.



Parent Support

We offer 1:1 and group support for families of children with mental and behavioral health needs



Education

PPAL offers workshops and trainings for parents and professionals



Advocacy

PPAL works with parents and policy groups to improve children's mental health



PPAL.net



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Questions? Email Training@PPAL.net

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