


This workshop is designed for parents and caregivers who are just starting out on their behavioral/mental health journey. The goal is to empower families with skills, knowledge, and resources to drive their child's care, as well as to build capacity to help with relationships and communication with a new group of professionals.

**December 7**
**12:00 - 2:00 PM**
**on Zoom**

**REGISTER NOW!**
https://bit.ly/forward-127

or scan to see all events:

## ABOUT PARENT/PROFESSIONAL ADVOCACY LEAGUE

The Parent/Professional Advocacy League, Inc. (PPAL) is a statewide family organization dedicated to improving the mental health and well being of children, youth, and families through support, education, and advocacy.

**Parent Support**
We offer 1:1 and group support for families of children with mental and behavioral health needs

**Education**
PPAL offers workshops and trainings for parents and professionals

**Advocacy**
PPAL works with parents and policy groups to improve children's mental health

PPAL.net

18 Lyman Street, Suite 260,
Westborough, MA 01581

Questions? Email Training@PPAL.net

Copyright © 2025 Parent/Professional Advocacy League, Inc. Rev. 8-25